

Love, You are Love

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Introduction

“You are love.”

Do you believe it? I want you to believe it. I want you to become believing it.

Do you know, it is already “love,” that you are there now?

You were not born by your liberty or by your parent’s convenience.

You were given birth, because you asked to be born.

You should not forget that fact within you at any time and case.

You can never lead your happy and joyful life, if you ignore it.

Most people should not think of such a matter in the past.

Certainly, we were given birth, since we asked for it.

How much time did we require to reach this fact?

There are many people in the world, who have not realized it yet.

I should mention, the most people have not realized it yet.

Recognizing that reality, I will just look at the truth and will mention what I feel and believe in my heart.

We, the humans, do not know our true nature.

We, the humans, indicate the visible physical bodies and believe them as ourselves.

Those thoughts are really strong. (Those thoughts are indicated as “the physical beings” in this book.)

Presently, most of the world population, several billions people live with the thoughts of physical beings. They live believing themselves as the physical beings.

We think of living in the visible, audible and sensible world, naturally wish to live happily, richly, pleasantly and joyfully somehow in there.

However, don’t we really know what is happiness, richness and joy?

As they say, the life is ups and downs or several people with several minds, the value standard or life philosophy for happiness and joy must be infinite in variety.

In addition, when it comes to the definition of love, it might be difficult to clearly define what it is.

In fact, love is not defined into words. Originally, love shall not be expressed in words.

Naturally in the world of five senses, love was expressed in all ages and cultures.

As you know, there are many concepts called love, such as marital love, family love, love between master and disciple. There are a lot of love stories mentioned in the world.

There is the world of love that everybody thought it love.

However, isn’t it still vague, what love is?

Then, please return to the earlier description.

I mentioned, “We, the humans, do not know our true nature.”

It is said in other words, “We, the humans, do not know that our true nature is love.”

Is love our true nature?

It might be vague, airy-fairy gibberish or unrealistic story.

Because you try to understand it in your mind.

This book has a content that my true self speaks to your true self.

It is not written with the difficult words but is not understood in your mind.

It is not possible even for the clear-headed person.

Because you, who has the physical body there, is not your true self.

It is yourself, since it is your physical body from the head to the toe.

But I want you to put it on hold to conclude that your physical body is your true self.

I will ask the question through this book, whether or not we have known the true love, since we have existed without knowing our true nature.

I will send a clear message, that love and world of love, that we had mentioned and had thought, were neither the true love nor the world of true love.

I will convey to you that please learn it through your heart, that the true love and world of love have not existed outside ourselves but have existed within us.

I want you to know it in your heart that we, ourselves, have been love.

Everything with physical form in front of you does really exist there.

It means every physical form including your physical body.

It is obvious, but then are there the things visible, audible and touchable?

There must be someone who answers “yes.” However, my answer is “no.”

Furthermore, my answer continues that “We do not live in the visible and audible material world.”

It also continues that “The true existence of us, humans, is not visible. We exist eternally as the consciousnesses and energies.” “Our true nature is love. We are the energy and power of love.”

“You are love” mentioned at front has expressed it simply, “Love is energy and power.

Furthermore it is the positive energy and power. Positive means joy and warmth.

Hence, love is the positive energy and power of joy and warmth. And it is our true nature.

Furthermore, every true nature is love.”

It is actually your true self and our true selves, who are existing eternally as the energy and power of love.

The subject of this book is to let us awaken to our true selves and also your true self.

Obviously that subject is only the purpose of our lives.
Each lifetime is provided in order to achieve this purpose.

Though I just used the term eternal, the physical world spreading in front of you will eventually disappear from your sight. Obviously your physical body will also be same. It is the way it stands, that the physical things will disappear in time. Then, doesn't it mean, it is not the eternally existing world, though the physical world really exists?

However, the true world or the real world must be the eternally existing world. Since it is the eternally existing world, there is the truth and that is the real world. If the physical world is the real world, why does it ruin the physical form? May it have the meaning and necessity to ruin the physical form? If it is the case, what does it mean?

Why is it necessary?

If the physical world is not true world, what is the true world?

I want you to continue reading, while keeping these questions in your mind.

The message is posted again.

“Our true existence of humans is not visible. We exist eternally as the consciousnesses and energies.”

“Our true nature is love. The energy and power of love are us.”

Other than us, humans, all living things including cats, dogs, plants and minerals know their true natures.

The ones who live without knowing it were only us the humans.

We all were wrong without exception.

What was wrong? It was about ourselves.

It is really wrong that we have existed and continue to exist without knowing our true natures. However, we become not to feel it wrong at all.

We can say, it was us, the humans, who became wrong as we did not know what was wrong.

Hence the wrong phenomena, the phenomena that we wonder why, will continually appear in various situations.

Please learn the true world.

Let us learn the true world, the true love.

Let us learn that our true natures are love.

Then, let us radiate the energy and power of true love from each heart of us.
It was us, the humans, who did not know love but were suffering.
Please learn in your heart that your existence does not disappear, even though your physical body disappears. Please learn the energy of love within you.
The people who were called as the people of love were not the people of love.
The people who did not know their true natures could not spread love.
Why were they evaluated as the people of love?
It is repeating but please do not try to understand it in your mind.
The truth is not learnt in your mind.
The truth is learnt in your heart.
Let us learn the truth. Please learn it in your heart.

Chapter 1 Let us awaken to Love (our true selves).

We all made mistakes without exception.

However, it is also us who can realize the mistakes by ourselves.

The mistake is that we have not believed in our true selves (love) but have believed in our false selves (not love).

We have believed our false selves as ourselves. It means, we have believed without exception, the visible and physical world including ourselves as the true world.

Obviously, we look for joy, happiness and meaningful life there.

We seek the path hard, as we think it is one time only life.

However sadly then, we cannot meet the true joy or happiness forever.

It is nothing more than that we think our false selves as ourselves and our false selves feel pleasant, joyful or happy.

Hence, those pleasure and joy did not always bring pleasure and joy.

Didn't you suffer to obtain the pleasure and joy? Didn't you use your heart and body?

How about your heart especially? What kind of heart did you use?

What kind of thoughts did you send out?

How about after that? Didn't you use your heart and body to protect and increase it, since it was the happiness and joy obtained hardly?

It will be disappeared from your sight when your body disappears, though it was hardly obtained. Obviously the things built will remain as various forms.

However, they will become pain simultaneously. There will be the new agony created.

Thus the world that we believe true wavers between joy and sorrow.

There are the people who are happy and joyful and also who sink in sadness.

However, they do not even realize it. There is a good possibility for their positions to turn back in the time passage.

Though it is happy and joyful now, it may sink down to the bottom of sorrow instantly.

Can we really say it is the true life that wavers between joy and sorrow in the mixed feelings.

It is said in the general public that the life has its ups and downs.

However it is not true. It is not the life that has both joy and pain.

Actually, there is only joy in the life.

It is the true nature of us, the humans, to lead the joyful lives.

However, it does not become so, because we, the humans, do not know how to lead our true lives.

How to lead our true lives, it is to learn our true natures (love).

It is suffering to live and die without knowing our true natures (love).
It is the lifetime provided for ourselves, in order to learn our true natures (love).
It is the purpose of life to learn ourselves.

We have lived without knowing love. How about you?
Don't you like to learn true love now? Don't you like to meet your true self?
Don't you like to live feeling and learning your true self?
I try daily to turn my heart toward feeling and believing love within (my true self).
I try to have easy and quiet time as much as possible.
Specifically, I have the time for meditation.
However there are various meditations, though they are called meditation.
Therefore I would mention a little about meditation.

Meditation is to close the eyes and think.
As the general aspect of meditation, it is performed with seating in a kneeling position, sitting up straight with mental concentration or oppositely in a relaxed manner, but please quit those meditations.
Moreover, it is outrageous to perform the cold water ablutions at a fall or the ascetic practice running on the mountain. It does never achieve to attain enlightenment, to feel refreshed, to feel joyful, happy or thankful.
It is most important when you meditate, where your heart is turned toward.
It is not good to meditate without its confirmation.
The last stage of the person who continues such meditation will be miserable.
My meditation is not like that. What meditation is it then?
Before that, there is something I would like for everybody to do.
It is the reflection on mother and outer power relied on.

Firstly, it is the reflection on mother.
How did you or do you deal with your mother who gave you birth?
Please remember when you were small?
It is the reflection to remember what kind of thoughts you had and write them down in the notebook, as for the three points, such as what your mother did for you, what your mother did not do for you, what you did for your mother.
The reason why the reflection on mother is, because your mother has given you the existing body.
As mentioned in "the introduction," you have asked the person becoming your mother to give you the body and give you the birth.
Obviously, everybody will reply as being unaware of it at the current stage.

Though it is so now, it will be felt in the heart of everybody someday in the future. Then simultaneously one will learn that one cannot convey the truth to oneself, if one does not have the existing body.

What will happen, if one cannot convey the truth to oneself?

Apparently everybody knows it in the heart.

Since it is too much pain and fear, they do not think of it, but fool themselves and spend the time every day.

It is the reflection on mother to feel the wriggling energy within, through mother.

It is felt clearly through reflection on your mother, how fierce thoughts you have released to your mother in front of you, as long as you learnt the thoughts you have had toward your mother while you were involved with your mother.

Everybody must have the thoughts welling up directly toward your mother, when your mother speaks or does something.

Please confirm what kind of thoughts they are and how strong the energy is.

Mother is thankful existence who draws out the energy stored within simply and directly. The moral matter, to be the person who accepts it thankfully and returns the favor to parents who gave the birth and raised, is not important.

First of all, you do not cover it up but have to feel as it is and confirm the thoughts that you well up toward your mother. Please learn that you have your mother in front of you, who is hardly acceptable, for that purpose.

There are some people who respect and beautify mothers, but most people look down and kick around their mothers, and are egoistic, indulged and freewheeling.

The people who respect and beautify mothers are also awful, if they feel the depth of their hearts.

Everybody is fierce. Let us feel the crazed fierce energy within, through mothers who have the physical bodies in front of us.

Everybody will definitely learn the crazed fierce energy within, as long as one does the reflection on mother.

Please continue the reflection on mother until you learn it.

Everybody has cast one's true self away. One has cast love away.

Please continue the reflection on mother until you learn the thoughts that you have yelled as you did not need warmth and damned love.

Then, please have a time to think of or call your mother in your heart.

Though you have yelled as you did not need warmth and damned love, you will learn someday the thoughts of mother (the warmth of mother) who has really accepted it without condition.

Then, you will learn clearly the thoughts within, that you really wished to have the form

of physical body.

It will resonate in your heart, how joyful and thankful the present time is.

Firstly please set the time to reflect on and think of your mother, and become to say “Sorry mother, thank you mother” humbly, even it is superficial.

Even it is modest at first, soon or later the thoughts as “I was wrong, mother I am sorry, mother I thank you” will well up from the bottom of your heart.

Obviously it is not easy.

Because the thoughts to discourage it is stored in each heart through many transmigrations.

The thoughts to discourage it is the thoughts as the physical beings and forms are true.

It is the thoughts as I am the first. It is the thoughts as I am god.

We call it the heart of reliance on outer power, that the thoughts as the physical beings are true, the thoughts as I am the first and I am god.

The heart of reliance on outer power is stuck in our hearts.

That heart is deeply and strongly rooted.

Then it is the reflection on reliance on the outer power to be proceeded simultaneously with the reflection on mother.

It is to realize the thoughts of reliance on the outer power that is deeply stuck and strongly rooted.

I repeat it.

The thoughts of reliance on the outer power is the thoughts of the physical being and forms as true. It is the thoughts as I am the first, I am the god.

In order to ruin those thoughts, we transmigrate many times, but the result becomes oppositely. Instead of ruining, it resulted as loaded more on top.

We, the humans, have forgotten our true nature, have thought us the physical beings, have tried to improve ourselves, have tried to obtain the happiness and joy of our physical selves, and have continued to turn our thoughts outward.

We have asked god and Buddha for the protection and power. We were always in the comparative race. After the battle, the winner becomes the ruler and rules everything.

It is not exaggeration to say that the history of mankind was in the battles.

Furthermore it was the battle between god and god.

Everybody sets the good cause of god up and shows the greed up.

Though they got the position of king or ruler, will be expelled soon or later, will eventually be ruined. They fight for the supremacy in the fear when they are killed in the sleep and have no rest in their hearts even a day.

When we study the history of Japan and the countries in the world, we learn that we have mostly repeated those silly things.

Humans repeat the numerous transmigrations in order to learn their true selves. However, instead of their earnest wishes, they store the dark energies in each transmigration.

Nobody could realize it at all. They have degenerated such as they could not realize it at all. It is the true reality of us the humans.

Most people of global mankind think their physical bodies as themselves.

They live on that basis at present, and also in the future.

Most people think that god and Buddha are the existence in the different world from theirs, the humans'. Why do they think so then?

“What kind of existence are the humans?”

They do not supposedly think so, if they learn it in their hearts, but it is not really so.

Hence we can say that we, the humans, were degenerated.

Is it really wonderful to believe and respect god, pledge royalty to god or to devote for Buddha? Is it respectable? Is it to be praised?

Though there were many people appeared, who felt and preached the world of god or Buddha, what kind of world of god or Buddha it was, that they have preached without leaning what existence they were and their true natures were.

Firstly, what is the enlightenment? There is no enlightenment losing their true natures. Please take the existing concepts off and practice the reflection on mother mentioned before. It will not be understood instantly that we have stored the dark energies at each transmigration or we, humans, have been degenerated.

I hope you to accumulate the experiences that something surely resonates in your heart through the reflection on your mother.

One time, a line of tear may drop or eyes may become tearful, or another time tears and runny nose may splash out. The wish to call mother may blow out from your heart.

They may be in contrast with your thoughts brought out to your mother and may be beyond your assumption, but it would be good if you experience it.

Soon or later you will know that there are definitely your thoughts responding within, though you do not understand in your mind and do not know how to explain it.

You may go into the situation that you cannot sit there quietly.

For instance, the thoughts blown out from within, let us express it is the energy.

We have a lot of energies. The energy may move our bodies.

Then, how do we understand the relation between the body and energy?

Please think of the various things.

Since there will not be the conclusion come up with, please presume that the content in this book is true, and prove it in your heart.

There appears the work of meditation.

It is required to deepen the reflection on mother and reliance on the outer power through the right meditation.

“Right” of the right meditation means the direction of your heart.

As I mentioned before, there is one important thing for the meditation.

It is what you think and where you turn your heart toward in the meditation.

It is the major turning point, whether or not you can realize the truth.

Obviously, the following bold message must be major and only the pillar for it.

“The true natures of us, the humans, are not visible. We exist eternally as the consciousnesses and energies.”

“Our true nature is love. The energy and power of love are us.”

It looks similar but is different as we meditate believing we are the consciousness and love, or we meditate without believing it, though they are called the meditation.

It was the person Tomekichi Taike who conveyed that message.

I would omit the introduction of Mr. Tomekichi Taike, since it was written in my books “The person Tomekichi Taike I, II, III” and the books published by UTA Book Publishing.

I would empathize also in this book that Mr. Tomekichi Taike is not the person in the position of the founder or the leader of sect.

In conclusion, it is the right meditation to meditate turning the heart toward Tomekichi Taike.

Then the issue is the people who did not meet Mr. Tomekichi Taike, who did not meet but heard the name or who saw him in the picture.

Putting aside the people who do not know the face and name, as for the people who heard the name or saw the face in the picture, it is theoretically possible to do the right meditation, if they practice to look within their hearts through the reflection on mother and reliance on the outer power.

Because, the right meditation is not to turn the heart toward Mr. Tomekichi Taike but to turn the heart toward Tomekichi Taike.

Mr. Tomekichi Taike and Tomekichi Taike are different.

As the mnemonic name is same, I do not say there is no relation, but there is the crucial difference.

Mr. Tomekichi Taike exists outside you.

Tomekichi Taike exists inside you.

Additionally, Tomekichi Taike is the conscious world with joy and warmth originally existed in the heart of everybody.

Hence, if the person feels the bold message previously mentioned in the heart, turns the

heart acceptingly toward trying to understand Tomekichi Taike as the consciousness, energy, energy of love, one can do the right meditation, though one has no contact like talking to Mr. Tomekichi Taike in this lifetime. However, it is surely difficult.

Even though such a person turns the heart, wishes to attend the seminars and really attends the seminars, it becomes the different story.

Though such a person did not talk to Mr. Tomekichi Taike directly, there must be something reached the consciousness when one attends the seminar.

It is the appropriate system in the conscious world.

Hence there is its contrary.

The person who stagnates with the turnaround in consciousness previously mentioned in bold letters, is far from the truth, though one knows Mr. Tomekich Taike well.

It does not relate that one knows and contacts with Mr. Tomekichi Taike well in the life and one goes on the same path with the conscious world of Tomekichi Taike.

Up to here, I mentioned briefly from the meditation and what Mr. Tomekichi Taike conveyed to us in the seminars for more than 20 years.

Further on, I will mention my thoughts came up in my heart, focusing on the thoughts resonated in my heart and noted, when I made time in my daily life to turn my heart toward Tomekichi Taike and meditated thinking of “I am love.”

Preceding to it, here are some notes.

In the text, the word Albert appears often as well as Tomekichi Taike.

Please understand both Tomekich Taike and Albert are the generic name of the conscious, energetic and vibrational world.

That world is the infinite world with joy and warmth, it is the world of love.

Please understand that it is our true world.

Please do not be hung up with the name. Please think of it as the mark.

The name is the trivial matter. It is called with that name for the convenience.

As for the word universe, the universe means the conscious world.

It is not the universe that includes the earth, sun, moon, solar system and the galaxy.

As for the universe, please refer to my book “the wind in universe” that mentions the universe in detail.

One more thing. It is Igo, the non lingual sound.

Igo, the non lingual sound, is not something like Japanese, English nor Chinese.

It is emitted as the sound from the mouth. There is no subject or predicate.

The thing conveyed by Igo, the non lingual sound, is the vibration. It is the energy.

Since we are the consciousnesses and energy, we can communicate with all consciousnesses through Igo, the non lingual sound.

The point is to repeat the right meditation, to realize oneself as love, to spread love into oneself, to feel and realize in each heart that it was our wishes, our sincere thoughts to return with oneself of love.

Then your life, your future time will be drastically changed by the work from the invisible world.

Though I mentioned your life and future time, it does not limit to your life and future time, who has the physical body now. I would mention it as the unnecessary addition.

Everybody, please spend your days to continue the meditation thinking of love.

I enjoy my happiness to think, to be able to think.

It is my believable reality that the vibration and energy are conveyed and resonated in my heart during the continuous meditation.

It is conveyed clearly within me, how happy and joyful it is to be able to believe that I have touched and felt such vibration and energy and have existed in them.

It is the joy to exist together. It is the joy to be able to communicate.

I could understand the gentleness and warmth indicated by the form such as attitude, facial expression, word, and something like that in the physical world, but without something like that, it was really hard for me to feel and believe the vibration and energy conveyed and resonated in my heart, since I lived as the physical being and was insensitive.

Somewhere down the line, I began to feel myself in my heart, who existed besides me draping the physical being.

It became clear that something different with what I thought as my physical self was conveyed from within myself during the continuous right meditation.

I also learnt in my heart that the thoughts conveyed within would likely be changed ingeniously to the dark world, if I did not feel the warmth of mother then.

It is dangerous to show oneself off unknowingly, and is awful and stupid to drop into the trap by oneself.

Hence, how important the warmth of mother is.

I think, I have reached the present state without confusion since I have cleared it safely.

I have already confirmed that it was the energy to be changed to joy and to be returned to warmth, though how fierce energy I felt in my meditation.

I feel joy that the energy of love within responds as much as I turn my heart toward.

Hence, the meditation is just joyful for me.

It is the joy to think, the joy to be able to think, the joy to exist together, the joy to be able to communicate.

I feel the infinite gentleness for my physical body given.

[From meditation]

1. **Love is the energy that exists in all consciousnesses.**

Originally, all consciousnesses are love themselves.

However, the consciousnesses that have the forms as physical beings, have left the original nature far behind.

While they live there as the physical world is true, have expanded the thoughts, such as the first, the second, to be happiest, to be most powerful or to be wealthiest.

It is very difficult for the humans who have forgotten the original nature, love and energy, to return to energy of love and original nature.

However, here is definitely the invisible flow as “flow of consciousness” that encourages all consciousnesses to realize.

The “flow of consciousness” moves for all consciousnesses to advance on the path returning to love. The “flow of consciousness” conveys to us the path to return together.

Then, let us think what is necessary for us to realize love.

What do you think most important in your daily life?

Is it money? Is it relation with people? Is it power of god or Buddha?

What really is your happiness?

Does it lead to your happiness to obtain something connected with those?

There, we have already taken the wrong path.

It is the time for us to ask ourselves what the happiness is and what the joy is.

Though it is the matter whether you know or believe the transmigrations, it is the fact that we, the humans, have the history of transmigration to be born, die and be born again.

In addition, all of our transmigrations were failed.

The time that we have cast everything away, have driven our true selves far away and have expanded our false selves, it was our transmigrations over hundred million years.

From those numerous transmigrations, our failed transmigrations, please turn your heart toward realizing your true self in this lifetime.

The numerous transmigrations are waiting in your heart the time in the bright sun shine. Please recover to the person who can hear and turn the heart toward the scream in your heart.

The warmth, gentle feelings of love and joy, those are our true natures.

Our true selves are overflowing energy and power of love.

It is waited for the people as many as possible and as early as possible even a day to realize in our hearts that we have entirely misunderstood love.

2. **“You are love.”**

Please learn that this message is always delivered in the heart of everybody.
We have a lot of energies of love and joy in our hearts.
Please radiate the joyful energy continually.
The fierce energy created by you must be radiated in the daily life.
However, it is because you are originally joy.
Since you are love, you, the energy of love, always release your wrong self.
The joyful path that you release yourself, it is our life.
It was the life with our physical beings. Numerous transmigrations have existed for it.
We have repeated the numerous transmigrations on the earth in order to realize that
“you are love, I am love.”
Each one of them were the time and space to awaken love.

3. The power to save oneself overflows within you, it is yourself.

Love is overflowing within you. Love overflows out of you inexhaustibly.
It is the matter whether you believe it or not.
It is the matter whether you are in a position to believe it or not.
It is simple.
If you do not believe it now, you are in a position unable to believe it, you are at the bottom of suffering.
How happy your physical self is now though your conscious world, your reality is in the suffering. It is learnt when you die.
We will go through the coming time with the challenge, how to handle the suffering.
In there, your love within, your true self, will just continue to wait.
The person who cannot turn the thoughts toward one's true self is cold and merciless person. Because, the person is impassible though one let oneself sink in the suffering.
Though one has gentle smile and give the charity around, one is really cold blooded.
We cannot judge only with the superficial forms.
I am gentle for myself.
I realized that I was born with hidden determination to definitely save myself within.
The warmth and consciousness of mother reaches my heart sufficiently.
Hence, I who is existing in the conscious world never go back.
I never turn back, though it is ordered.
I feel in my heart that love within me leads me.
Hence, I, my conscious world, will never deviate from the core and I, as a person in the physical world, will never deviate from the basic human values.
One will not do such things, if one realizes true love in the heart.
One cannot do it, will never do it.
Hence, if all humans realize love within, the discipline, rule or moral will become useless

object.

One will realize that it is not necessary to bind the hearts with such things.

4. The energy of love, the power of love, the power of true love. Those will be indicated for the global mankind through the various matters and situations.

It is the question, what the true love is.

The true love is the energy and power to awaken oneself, it is love.

We are love. The power to awaken it, the energy of love is overflowing.

However to our regret, it is not learnt, is not felt in the heart hung up in the physical world.

We have expanded the false love larger and have been suffering and heaving in that false love. It was the enormous history in our hearts of humans.

Love that we know is the reverse side of hate.

The energy of such love is also the energy of massacre.

It is love and energy in the world that we have wrongly created.

Though how much we decorate the words, how much we speak the nice words, there swirls the dark energy of hate and oath.

We have covered that energy by the words of love and have become confused with the content.

“Love is gentleness and continues forever,” “Eternal love,” those are nice words.

However, please feel the vibration and energy released out of there, if you can feel it in your heart.

What was the energy and vibration of love that humans have created continuously?

Such love was fake.

The energy of love was not to be created continuously but has been existed originally.

What originally existed was us. We have lived in the love originally existed.

We did not need to seek love but we were love.

However, humans could not realize it.

Hence, we have sought for love outward and have been suffering for hundred million years or longer.

The fake love will definitely betray. And we, who were betrayed, will create the hell furthermore. The thoughts of hate will be increased there.

Oath, hate, massacre and destruction.

As per those words, those energy and vibration are dark.

In the darkness, we have sought for love.

We could not obtain it, though we sought for.

Hence we sought for more.

We could not realize that it was wrong and has been wrong to seek for.

Love is not obtained by seeking. Love is not given also.

Love is ourselves. We are love itself. It is to realize ourselves as love itself, to awaken our such selves. Those were indicated in the numerous transmigrations.

However, nobody could reach the true love. Even one person could not reach it.

There exists nobody who is love.

We became unaware of love, became unaware of ourselves and were continuously crazed and heaved. If we look even a little in the history of our hearts, we will learn in our hearts what a wonderful opportunity we have in this lifetime.

It is to think of love, to touch love and to expand love. They all are the path returning to our true selves. It is the path that we have set for ourselves.

Please feel it in your heart, how happy and joyful it is, if you expand the definite joy to find the joyful path in your heart and go forward step by step on that path returning to ourselves, returning to our true selves.

In a while the energy of love will encourage us to awaken stronger than now with unimaginable strength, depth and width. It will physically be destruction.

However, the vibration resonating there is positive.

Let us accept and feel that the positive energy works in our hearts, and let us learn it in our hearts that everything is the joyful energy returning to love.

Please realize that you hold yourself back in a small world.

Please release yourself from there.

5. As soon as we feel in our hearts the vibration and energy of joy and warmth, it becomes clear that the purpose to live and the meaning to exist are totally different than before and we were wrong. We will realize it clearly.

We will realize that we misunderstood the physical things, such as our lives, families, jobs and the manner of those utilization.

Especially, the awareness of love or those things will be changed.

What is love called there, such as marital love or family love?

Haven't we lived without knowing love so far?

Haven't we assume the really shallow love as the true love?

I met the person (god), whom I thought as my life and could devote everything I had.

Then, did you have the joyful lives?

It becomes evident, when we review our past lifetimes.

The person, who could not reach the truth that the energy of love welling within was oneself, continuously seeks for love outward, though the time goes by.

We repeat the same thing as we did in past lifetimes, though we have experienced many

times that it returns to us as the pain. Why does it happen?

Because we lost our true natures.

How do you think? Have you gradually become to think, to believe the energy of love existing within and to realize your true self as love?

You all must have experienced a lot of fun, joy and happiness.

You have met the heartwarming person and affair, and will meet them in the future also.

However, haven't you met an equal number or more sad, painful and regretful affairs?

Hence, do we have the mixed feelings in our lives?

No, we must have joy, only joy in our lives.

The sad and painful affairs convey to us that we have true joy, happiness and love within.

Hence, please do not sink your heart in the darkness as sad for the sad affair and painful and suffering for the painful and suffering affairs but realize that the power has existed within yourself to release you from there.

Let us go on the path returning to love.

The severe phenomena will wait in the future for the humans who have strengthened the thoughts as the physical forms are true.

However we have to awaken to love within us.

It is the road map that we, the humans, have set. Because our true natures are love.

Awakening to love is to recover our true selves.

It is very natural. It is not something special.

Since we forgot our true selves, we were in the real suffering.

Our hell continued eternally, though we felt happiness and joy covered by the physical forms.

Why did we have the forms of physical bodies, and still do?

There are only few people realizing that reason in the hearts.

What will make us awakening to love in that situation?

The energy and power of our love will awaken ourselves.

It is the energy of natural catastrophes.

The energy of natural catastrophes is the energy and power of love to awaken ourselves.

Most people will not accept it correctly, though I convey it.

Their thoughts, as the physical forms are true, are really strong.

“Why did we lose our natures? Why did we abandon ourselves?

Why do we forget our hell when we are covered by the physical forms, though we have been crazed? Why don't we accept it humbly, though we send us the signal continuously to feel our own world? Why don't we accept it humbly and directly as it is the warning for ourselves?”

We have degenerated, have really degenerated.
Since we lost ourselves, we fell directly into the degeneracy.
Then such path will continue in the future.
Each one of us must put the brake on it within.
The day that we remember in our hearts the warmth of mother and love within must definitely come. Don't you think so?
We cast ourselves away, abandon ourselves and then, where do we go?
Please believe what you felt, if you began to feel in your heart.
We have cast ourselves away, have cast love away and have fallen into the hell.
Let us seriously regain our hearts and ourselves, if we began to feel in our hearts.
It is the path returning to love.
The path returning to love is hard path but is joyful path. It is surly the joyful path.
It is the joyful path to regain ourselves. Please believe it firmly.
I know the true gentleness. I know the true warmth. I know the true joy.
The true gentleness, the true warmth, the true joy are never realized by the thoughts as the physical form is true.
“The true love is not realized by the thoughts as the physical form is true.”
The life is successful, if it is proved in each heart.
Let us awaken to love (true self) and lead joyful lives.

Chapter 2 Let us send out love (our true selves).

“What are we born for?”

This is really important question.

Please be yourself who can answer the question in your heart.

What person do they say a fine person? What person do they mean a wise person?

Everybody, please turn your pointer toward within your heart.

Please look within your heart. Please feel the energy within yourself.

There was really only the energy of joy and warmth.

We were love itself. However, how many people feel it, though I convey it?

Do you feel what fierce energy you have, when you look within your heart?

Please habituate yourself to look at the thoughts welling up in your heart, when you contact various people and meet various affairs.

Please check the energy releasing out instantly when you say or act, whatever you say or take a stance.

Please learn it is only joy, if you realize your fierce energy in your daily life.

It is joy, when you look at your thoughts looking someone down and upholding yourself.

And also, isn't there something like this?

The thoughts to justify yourself as I say and do everything for your sake, the thoughts to move someone as you like or releasing your anger on someone.

Please learn your thoughts and aspects in the daily life.

It is joy to learn it.

Since we are in love, it is joy to learn our hell.

Hell? Yes it is hell.

Except the thoughts of joy and warmth, everything is the thoughts in the hell.

Please recognize it clearly.

We can say that we were born to clearly realize us existing in the hell and to achieve the escape from the hell.

Oath, grudge, anger, comparative race, jealousy, disrespect, I am the first, we have stored such energies, the dark and black energies within us. Those were us.

Please face our such selves and save our such selves. Saving us is to convey the truth to ourselves. The helping hand does not exist outside of you.

The helping hand is the energy of warmth and joy within you.

It is yourself who is the energy of love.

Nobody or nothing can save you. You can save yourself.

Please realize in your heart the gentleness, warmth and joy within you.

It is now for you to learn in your heart that you are the great existence to enfold

everything. You have your environment now. You have your physical body now.

We could not convey the truth to ourselves by any means in the past lifetimes.

Because we did not know the truth.

Hence, we have been continuously crazed. We have had no alternative but to be continuously crazed and suffered. Please learn it in your heart.

Hence, let us restore love upon learning it.

Please become to feel in your heart that you have the physical body in order to restore your true self.

Please feel it in your heart. The thing that you felt in your heart does never betray you.

Do you understand it? What you feel in your heart is so much great.

Our hearts know it. We know it. We know love. We know our true selves.

Hence we exist here as we are. We exist with physical bodies.

If you learn in your heart, what is love, the true love, your heart will respond you, how long you have continuously waited for this time.

How many times a day do you send out the thankful thoughts and joy?

Please turn your thankful thoughts toward yourself.

Can you say thanks to yourself from your heart? Did you say it?

Please feel your gentle self. Please feel your warm self. Please feel in your heart yourself as gentleness, warmth, joy and broadening heart within you.

There must be some people who spend busy days pressed for time.

There are people who turn the hearts toward the things in front and pass a day.

Those people will also receive the awakening and encouragement someday somewhere.

Because love spreads without delay. From the person who learnt and realized in the heart that it was oneself who blocked out the spread of love, please check the energy far from love within and change it to the original energy.

Please realize that we potentially have the force and power to change it.

You are love. You, your physical self is not love.

Since your true nature is love, love will spread, when you will awaken to your true self.

Please have the time for meditation as much as possible to feel and expand the vibration of love.

Daily I meditate rightly and feel myself firmly. I communicate with myself within.

Thankful thoughts are conveyed to me, I am really joyful.

In the vibration conveying as “You are love, you are love,” I expand my heart widely and can accept myself. I realize it joyfully.

Love (my true self) talks to me.

“You are love. Please expand your joyful self and encompass all of you in it.

Please feel joy, warmth and broadening within you.

Everyone has waited to return to this world.

Now, I convey it to you through your physical being. I am joyful to convey it.

I, as joy, have existed within you. I have existed with you from the far past lifetimes.”

We are love. All consciousnesses are love. The energy of love works. It works positively.

What is the positive work then?

It is the work to change the wrong thoughts, the negative thoughts to the positive one.

What is it in detail then?

It ruins the forms.

In order to awaken to love, we must ruin in our hearts the world of outer power as the physical being is true.

We have to ruin our stupid world that we prayed god for the prosperity and stability, wished and asked outer power to give us the power, kneeled and sold our hearts.

When we awaken to love, the energy of love radiates out of our hearts and ruin ourselves rapidly. It will ruin the world of outer power.

It will ruin our world that is tied up by the energy of outer power furthermore.

The energy of love radiates furthermore with that ruin.

It will become thick, strong and firm flow and will ruin the world of outer power furthermore.

It is waited to lead ourselves into the good cycle of joy.

However, it is not positively accepted by the people who have not awakened to love within.

It is never accepted as joy.

The ruin of the physical world and themselves are fear and oath for the people who think the physical world is true and seek joy and happiness there.

They choose the path to curse at themselves and fall down to the hell.

Please hang in there firmly and respond humbly to the call for returning to love.

It will influence your future, whether or not you cultivate in your heart the belief for power conveying to you to look at the deep dark world within, accept it and return to the warmth. You will influence yourself.

Everything is the affair in the world of heart. It is the affair in your heart.

There is nobody or nothing else.

You can save yourself. I say it is your true power and energy. It is yourself.

How much can you believe it? Or do you leave your physical being again, though you

cannot believe it? Everything depends on you.

You may have the opportunity of next transmigration again.

Surely you will have the opportunity of next transmigration.

However, what kind of transmigration is it?

How many things can you convey to yourself then?

Please face yourself seriously, sincerely and faithfully, beginning from the person who learnt to look within the heart.

There is no path to become happy and joyful, except recovering yourself with overfull love.

Please choose the path returning to love by yourself.

[From the meditation]

1. It was my world, the certain world that I can feel in my heart.

Mother, I thank you. I meditate thinking of love within me. I meditate thinking of myself.

Love within me mentions. I am joyful.

“Turn your thoughts toward the universe furthermore. Just radiate your gentle energy, joy and warmth. Send love continuously. Please feel the state of your heart.

You have already felt in your heart the world that you connect to when you think.

You feel your joyful self in your heart. You convey to me that here is my warm self, my true self, this is myself. Please send the vibration and energy to the universe within you. The dark world is still waiting. It is joy to turn your thoughts toward the dark world. It is joy.”

I was really waiting. I have continuously been waiting.

My heart shouts that please convey love to me. Hence, I turn my thoughts in this way.

I am joyful as I only think of the universe.

It is joy to be released. It is joy to touch the gentleness. I expand within me the world that I could not realize, could not feel in any way. It existed within me.

Now I feel within me and convey this joy.

We were love. It was our world that there was nothing else but love.

I send my message as it is and continue my meditation further.

In the warmth, the joy to communicate by igo, the non-lingual sound, spreads in my heart.

It is joy to feel and spread this vibration and energy.

2. I think of myself who is kept alive by the energy of love.

I have been kept alive in the boundless gentle warmth.
I was in it. This energy was me. I feel myself now. I feel the energy of love.
The energy of love works. It is my joy.
I am the existence to expand joy in my heart and radiate this energy into whole universe.

Within me who continuously meditate thinking of love, I spend my days feeling in my heart, that I am kept alive in such great love as I am joy and warmth.
I am love. You are love. Everything is love. Let us remember that we were one in love.
It is energy. I feel in my heart the time to come, when the energy of love falls on the earth.

It is joy as the universe is changing. It is joy as everything is changing.
Obviously, in the course of change, a lot of conflicting energies still exist.
Those energies will become the dusts in the universe and will fall down far to the end.
Unless they realize that it was their fault, the consciousnesses that became the dusts will continuously wander in the universe.

The flow of consciousness radiates the energy of love. We feel its energy in our hearts.
In the time to come, we will radiate the energy of love in our hearts.

I thank you, Tomekichi Taike, Albert.

I am very joyful as I met the conscious world. I feel that my future will become so.
Everything is planned by the flow of consciousness. I follow that flow humbly.

3. I think of love.

“Thank you, thank you. I am love. I am love within you, the joyful energy.
I will become the existence to be able to send love.” It is conveyed into my heart.
I was the existence to send love. I was not the existence to send darkness.
I was the existence to send love. It was my energy and myself who can spread from the heart the warmth and joy of gentle mother and the boundless gentleness.
Everything has existed here. I experience such joy and warmth welling up within me continuously.

The present time that I can feel like this was all for me, who has realized that everything has existed within me. Everything existed within me.

Love within me is also the consciousness of Tomekichi Taike, Albert.

When I think of love and meditate, there is the thoughts conveyed from the world of consciousness.

“You are supposedly having the days to continuously meditate thinking of love.
You are supposedly spending the days to feel love within you communicates,

I communicate and also to feel gentleness and warmth within you, the broaden heart and you with joy.

You will spend the days to continuously turn your heart toward the universe.

I am joyful from the heart within you.

I am the consciousness of Tomekichi Taike, Albert who is joyful from the heart.

I will continuously convey joy to work together with you.

I exist as the vibration within you. I exist as the energy within you.

The energy of love. The power of love.

It is my joy to work together in one heart toward the dimensional migration.

Please call my world. You call my world of Tomekichi Taike, Albert, turn your heart toward love and radiate the energy within you.

That energy works. It works within you. We work together.

Then we come close to the joyful and warm world step by step.

It is inevitable to look within the heart firmly.

Then please realize your existence through joy, as joy and warmth within you do the great job.

It is the coming time to fully spread the energy within you.

We feel now in our hearts the meeting in 250years from now.

We convey it to your heart.

We convey to you joy to go forward together.

We were joyful. We were warmth. We were love.

Please proceed your step feeling in your heat the existence of love (your true self), who conveys it to you. It is only your task.

What you have to do is to spread the energy of love and the power of love.

We feel now the joy returning to the universe together.”

Meantime, there must be the people who is unfamiliar with the expression of dimensional migration, working together or the meeting in 250years from now, in that message.

The word of universe must also be so.

As for the universe, I mentioned it means the conscious world in the chapter 1 of this book. I thought it is better to mention a little the situation where we are, though I hope you to refer to my book “The wind in universe” in detail.

As I mentioned, we are the eternal existence of consciousness and energy, but now live on the planet earth with the physical bodies in the three dimensional world.

It is the repeating, but we have had the numerous opportunities of transmigrations on the earth in the past lifetimes.

We have repeated the birth, death and birth without knowing our true selves. As I have mentioned many times the reason why we have repeated the numerous transmigrations, it was to realize our true nature by ourselves. Whether it will still continue in the future, actually it is coming close to the end. As you may understand with the word of dimensional migration, we are in the plan to migrate from current three dimensional world to the next dimensional world. We convey to you that the time for dimensional migration is 250-300years from now. The time left for us, who have repeated the transmigrations on the earth for the hundreds of millions years, is only 300years. Hence, at the present time in this lifetime, the bold message described in the “introduction” was delivered to us who did not know our true selves. The message was delivered to us from the true world of Tomekich Taike, Albert through the physical body (Mr. Tomekichi Taike). Mr. Tomekichi Taike is the person who conveyed the message patiently to us for more than 20 years. Now it is proceeding in each heart toward realizing and believing the content of message (vibration) that Mr. Tomekichi Taike has conveyed through the seminars. The grand sum will be made in 250years from now. We will go through several transmigrations until then. It is the plan of “flow of consciousness” that let us meet in 250years from now and then complete the dimensional migration in the following 50years. Obviously, the people called we, are not limited to the small range like the people attending the seminars. This plan of “flow of consciousness” exists for all consciousnesses. In the other words, all consciousnesses exist in this plan. The flow calling to touch the true power of love, fully open the power of love and go beyond the dimension together, such flow is “the flow of consciousness.” The publication of this book was carried to please move into the flow and let us move on. It is needless to say but is needed most of all to look within the heart and realize the bold message in “the introduction.” The flow of consciousness does not reach the heart that requires the physical joy and happiness. Actually, it has reached, but the heart to require the physical joy and happiness has interrupted it. We are the consciousnesses and energies. We are not physical beings. The physical joy and happiness, what we require is not small world like that. Help me, save me, do something for me, give me power or I wish to go together, we

cannot respond to those voices or thoughts.

Please look within your heart and learn love existed within.

At this point, I would add a little more on that all consciousnesses exist in the plan of “flow of consciousness.”

There is the history of heart and the conscious world within us, that we had the forms of physical bodies and repeated the transmigrations in the three dimensional world, however there is the history before the three dimensional world within us.

Originally, as the conscious world is unlimited world, there is our conscious world in all dimensions including the three dimensional world.

We express it as UFO or universe.

There was the plan for us who came to the three dimensional world to learn the true world in there.

It was the plan to convey truth for us in the three dimensional world and also for us before it. However the plan did not proceed even slowly.

In that circumstance, we have had the time in this lifetime.

We could take a step closer to the true world, since the message was delivered to us in the three dimensional world directly from the true world.

The consciousness that delivered the message from the true world in this lifetime was named Tomekichi Taike.

In 250years from now when the work will be completed, it will again have the physical being from the true world. That name will be Albert.

It stems from there, that the world of Tomekichi Taike, Albert is the true world.

There is a plan for us in the three dimensional world to meet the conscious world of Tomekichi Taike, Albert and make ourselves awakened and recovered to be able to spread love (our true selves) to all universes within us.

It becomes to work together to proceed that plan faithfully.

We can say it is, to work together with the conscious world of Tomekichi Taike, Albert, to send out the message “let us go beyond the dimension” to all universes.

As above, I mentioned what situation we are in now.

Then the question is what reason we can say it on.

The answer is simple.

The reason exists in each heart.

The people who think themselves physical beings and are busily engaged to obtain the physical joy and happiness, have their hearts that always turn outward.

Hence, the answer must be laughed off by those people who do not have the custom to turn their hearts within. But it is inevitable, since the basis on the physical being as ourselves and the basis on the consciousnesses as ourselves are totally different.

I can only say that please change the basis from physical beings to consciousness. Even for those people, if they have a custom to turn the hearts toward within, or they think of what kind of existence they are, the reason why they were born, and are led to the reflection on mother and reliance on the outer power, then maintain the right meditation, they will obtain the answer clearly from within.

It will be delivered from within as the message from their true selves.

I hope you to verify it by yourself.

Let us ruin the wall as physical beings.

The physical being is good enough, if you accept humbly the certain world feeling in your heart, spread it as it is, and rejoice together.

The human of physical being is stupid. However, the person who can use the physical being in that manner, can go on the happy path of life.

I await anxiously for you and you, to have the day that you verify it in your hearts as soon as possible.

Chapter 3 Let us return with love (our true selves).

As I mentioned in the previous chapter, we, all consciousnesses, exist in the plan of flow of consciousness. The plan is to achieve the dimensional migration.

We are in the call and invitation from ourselves to migrate from the three dimensional world to the next dimensional world, come closer to our true nature and return to mother universe (love) as only our homeland.

The flow of consciousness is not visible like the flow of river.

However it exists with dignity. It exists calmly.

It flows calmly, slowly and absorbing all consciousnesses in that flow.

Absorbing into the flow means to encourage all consciousnesses to awaken.

Namely, the message encouraging to learn and realize our true selves is delivered to each one of us in various manners.

The phenomena in this world are indicated in the physical forms as the messages have formed. Though the flow of consciousness is invisible, the phenomenal world verifies that it exists with dignity and flows calmly.

It will verify further by ruining its physical form.

From now the flow of consciousness will strongly encourage us by the ruin of physical forms to realize that the visible world is not the true world.

It will continuously blow the warning whistle within us.

Through the ruin of physical forms, it will convey clearly to us that we are the people who have been suffering, are still suffering now, have been wandering and are still wandering now.

It will continuously shake within us in the coming time to let us learn, as please learn it, why we have been suffering, why we have been wandering.

We the humans are supposedly to learn something through the ruin of physical forms.

We will have the time to think clearly that it was ourselves who have encouraged us that way.

The joyful time for us, who casted the heart of love (our true selves) away, to return to the heart of love (our true selves), will be developed from now.

Obviously the large pain is brought when we recover ourselves, return to ourselves, since we have abandoned ourselves.

However the energy of love within blows out continuously.

Let us return into love. We want to return into love.

Love was only our homeland.

The energy of love within will ruin all false thoughts that we thought ourselves the physical beings.

Now what do you think, what do you think joyful, what do you think happy?

How do you live from now?

I learnt joy through my physical being in this lifetime to call Tomekichi Taike, Albert, to think of and turn the heart's pointer toward Tomekichi Taike, Albert.

I was taught the direction of my heart, learnt it in my heart and feel in my heart that it is only true peace to turn my heart toward Tomekichi Taike. Hence I am happy.

I do not need anything now. Though I do not need anything, my life is provided.

Rather than that, I have the world in my heart.

I learnt joy and happiness to feel myself.

I will believe more that the world felt in my heart is my world, will deepen my belief and will leave my physical body.

I will spend my time calmly in my daily life.

There is the vibration and energy that are conveyed to my heart through the various affairs. I receive the various vibration and energy in my heart.

However I return to within me, when I feel it.

I firmly turn my heart's pointer toward the direction of love.

I turn it toward the joy and warmth within me. I think of Tomekichi Taike. I think of myself. I think of my true self. I think of myself as I was given my physical body by my mother and was joyful and happy.

The energy felt in my heart may sound dark, but I do not expand that energy within me. I do not conform to it either.

I look at it calmly and firmly within me, and send my message to return together to the joy and warmth.

I enfold that energy in love.

I convey the thoughts to within me, "Everything was joy. Everything was warmth.

We have existed in that world, the world of love."

"You are love."

This message was given to us. It was conveyed to us.

How do you accept this message in your heart?

Do you look within your heart, feel your energy, turn the energy toward love and expand your joy returning together to the joyful and warm world?

They are all the affairs in your heart. Nothing or Nobody instead of you can do it.

Nothing will be changed, unless you will become able to spread love to yourself.

It is our conscious world.

Let us feel joy to live now.

We convey to you that the energy and power of love is brimful within you.

Please lead your joyful, joyful, joyful life.

It must be joy, though you feel suffering, painful and sad in the physical form.

Please understand it

What were you born for?

It is to look at yourself, to learn yourself, to feel and learn your energy and let you go on the dimensional migration in the flow of consciousness.

Please be you who can look within the heart and obtain the answer definitely.

Please step forward together with us.

I convey to the consciousness that move through together.

Let us feel joy and warmth together. Let us have it together. Let us convey that the universe is waiting for us.

Please turn your heart toward the universe and heighten feelings for our homeland, mother universe.

Hence, please look at closely the energy that was cultivated in your heart.

I conveyed that everything was dark except joy and warmth.

Please turn your thoughts toward Tomekichi Taike, Albert and blow out the energy, the dark energy that was cultivated in your heart.

Please feel it within you. Please feel and confirm it.

It does not mean to spread the energy. Just recognize it.

When the recognition is finished, please enfold the energy with your joy and warmth within.

Let us send the strong message “let us return together, together.”

It is our joy to make the dimensional migration together with all consciousnesses.

Please master that course, though it may be the severe and hard course.

I convey to you to please step forward together with us.

I convey to myself, “I am love.”

To myself who convey “you are love,” I accept it with “thank you.” I am only joyful.

I was love. I was in joy and warmth. I can convey it to myself in this way.

I am joyful as I learn it. I am only joyful.

This joy becomes the big power to proceed with myself further within me.

The joy is power.

The joy that has awakened to love, my true self, transmits power. It radiates energy.

It is joy to radiate the energy of love (my true self).

It is joy to move through together with my many selves within me.

Please convey to within you “I am love. I am love. I am love.”

Then let us meditate thinking of love.

Also, please speak in igo, non-lingual sound. Please learn joy to speak in igo, non-

lingual sound. Please learn joy for you to communicate within you in igo, non-lingual sound.

Let us continue the meditation feeling joy to speak in igo, non-lingual sound.

Let us meditate humbly.

It is good to think of nothing. Please call mother within you.

It is good to think of nothing. Please just think of mother.

We were enfolded in the warmth of mother.

We were conveyed by Mr. Tomekichi Taike to learn in our hearts, to believe the things felt and resonated in our hearts.

It is the reflection on mother, the warmth of mother, the meditation of when we were infant aged zero.

We are trying to continue it.

On the other hand, we have the thoughts cultivated from the past lifetimes.

Hence we feel how hard to continue it in the dark energy that we have created.

However, don't you have the thoughts spreading in your heart "waiting you, waiting you," when you turn your heart toward your mother.

Please become humble to those thoughts of mother and continue your meditation.

Now I am joyful to be able to call Tomekichi Taike, Albert.

Something resonating in my heart is the world of joy and warmth.

The gentleness and peace that have waited for me.

How long have I waited for this time? That kind of thoughts are resonating.

Hence, I do not meditate because someone told me something or out of obligation.

I meditate with joy.

My true world, the time for me to meet this world is the time with tremendous joy for me. It is joyful, joyful and peaceful time.

Though I repeated a lot of mistakes, I feel myself now, it is only the truth for me,

I convey it to myself and feel joy to exist with myself.

I feel, it is most gentle for me to provide the calm time and space for facing myself.

In the relaxed and calm space, wafting the physical being in the comfortable space, having time now to face myself calmly in a relaxed manner, it is my happiest time.

In that happiness, I turn and align my heart's pointer and feel joy to communicate with myself within.

I feel, it is the really happiest life.

I meditated receiving the message "you are love."

Yes, I am love. I am love. I am love.

It is conveyed to me from within my heart.

I am love. I am warmth. I am joy. There is myself who convey it from within my heart.

Mother thank you. I really thank you. Thank you from my heart. I was given this physical body and have realized to go on my path. I am joyful. I am really joyful.

I will expand this joy within me together with myself in 250 years from now.

I did not know myself within. There was the energy created in my heart.

I have kept myself in the darkness so long. I have felt my such self.

Now I call on myself as “you are love, you are love” and I respond as “yes I am love, I am love.”

I can feel such gentle and joyful self. What else is it but joy?

There was it within me. There was the spreading heart. There was my gentle self.

There was my gentle self, really a lot in my heart.

I could meet the gentleness, warmth and broadening within me, though I really diminished myself in the suffering, dark and closed place.

My true self has waited for the meeting eagerly.

Yes I was waited for. My true self has waited for me.

I am really joyful. The thoughts coming out of my heart is gentleness, when I turn my heart toward Tomekichi Taike, Albert. It is infinitely gentle.

I was love, truly love. Mother I thank you.

Furthermore, I turn my heart toward love within me. Love within me mentions, “I am really joyful. I feel, I exist within love. I feel joyful now.

I have continuously waited, waited and waited. I have long awaited for it.

Then I was given this physical body. I was given birth by my mother.

I was given this physical body in order to awaken love within me. It was my plan.

It was the schedule. It was my plan. I appreciate myself now that I proceed with my plan without fail. I had a power to save myself.”

I mention myself in warmth.

Mother’s thoughts resonate within me. The thoughts of Tomekichi Taike, Albert resonate within me. There is a path to return together with love (my true self).

I mention it now feeling joy in my heart to go forward patiently on this path.

There are thoughts welling out of my heart.

Love within me conveys this joy continuously.

Love that will convey within me for the coming 250-300years and also beyond the dimension, it is myself. I am awakened to my such self.

My physical self is stupid. However I was awakened to myself, since I was given this physical being.

Love within me conveys it. Love was myself. I realize it clearly.

I feel myself who conveys firmly, “you are love,” when I turn my heart toward Tomekichi Taike, Albert and think of myself. It was myself.

I really thank you. Joy wells out of my heart. There was warmth within me.

It is the present time that I confirm many times that it is my joy to enfold myself with warmth and joy.

This lifetime was joy for me. It was really joyful.

I really thank for having my physical body.

Mother, I thank you, thank you.

I meditated receiving the message “you are love.”

I thank you. Tomekichi Taike, Albert, I thank you. I am happy. It conveys to me that I can always return into my heart feeling love and have been in joy with overfull love. The message of Tomekichi Taike, Albert reaches me.

I accept such thoughts humbly.

I accept myself who returns into my heart. I feel firmly joy within me.

It was me who were in joy. Love was myself. I was love.

Hence, I will firmly send out the message “you are love.”

It is the coming time that the joy returning to love spreads.

I convey it from my heart. I indicate the path returning to the universe, to mother universe (love) as our homeland.

Let us return to the true universe.

We had the place where we return. I accept humbly the call inviting us to return.

“Return to your home. We were joy. Return to our place. Return into joy.”

It is the thoughts continuously spreading and being conveyed in my heart. It is joy.

I will continue to live feeling the existence of Tomekichi Taike, Albert in my heart from now on.

I thank you. It is my joy to turn and tune my heart’s pointer.

I was joy. Mother, I thank you.

I have casted my true thoughts and message away. I became unable to hear it.

I have casted it far away and have been creating my false self.

I could feel it through my current physical being. I learnt it. I could really learn it.

I have this physical being. However it is not myself. I was named bla bla.

However I know that I am not this physical being. I am myself who mentions now from my heart. There are a lot of joy and warmth within me. It was only myself.

I have put the lid on it, have pressed it down and have continuously created my world.

I have tried to create the nice world. I, myself and my false self, have tried to reign in it. I have really reigned.

I have created my world. Tomekichi Taike has continuously conveyed to me to look at and feel it.

In the vibration of Tomekichi Taike, Albert, I have received the message in my heart and have felt myself.

It was really small world. It was small and rigid world.

I realized it finally.

“My world is not such small world. My true world is broadened, larger, unlimitedly broadened, warm and joyful world.”

Mother has already conveyed it from the far past lifetimes. I was conveyed it over thousands, ten thousands, millions or uncounted times when I was in mother’s womb. However, I could not believe such a thing.

It was the cause for numerous suffering transmigrations.

Now I could learn it within me and have studied with my thoughts, such as I have been wrong, I was very sorry, I was sorry for myself.

Then I will go forward to the next and further steps.

I have the days to call the universe within and turn my heart toward the consciousness, as my colleagues are wandering in it.

I have transmigrated on this earth. I had also been living before it.

I turn my heart to my such selves, my all selves.

I feel myself with the strong message as let us return together.

It was me. There was such joy and warmth within me.

It was the joyful and warm world that encompasses and absorbs everything.

It was the world broadening endlessly.

Tomekich Taike, Albert has continuously been conveying to me to feel it in my heart.

I have provided the time to broaden my heart together with my such self.

I am joyful. Myself within mentions simply. I mention simply.

I made mistakes and was crazed. Everything became manure for me.

I make it a step and can broaden my world. I am joyful.

Hence I send my message.

Let us meditate to think of love. Let us meditate to think of Tomekichi Taike, Albert and mother universe. Please communicate with love within you, Tomekichi Taike and Albert.

The meditation to think of love means the meditation to think of universe.

I feel myself to think of universe within me and wish to convey the joyful, warm energy and power of love to all universes and continue to convey it.

The message from Tomekichi Taike, Albert reaches me in my heart.

“Please look within your heart daily and turn your heart toward me. The heart is one with you and with me. I convey to you joy to go on together.”

I receive such messages in my heart and continuously meditate daily.
It is my task to meditate.
I can think of love by meditation. I can think of universe.
Then the energy is released out from me.
When I think of universe, the energy is released out.
My heart feels that this energy is the energy of love and power.
Hence joy with thanks returns from my universe. There is still the dark universe.
Since it is the universe that has stored large energy firmly.
I will continuously convey this joy and warmth to the really astounding and unlimitedly broadened conscious world. I convey joy to be able to go on together.
It is my thoughts.
Now I have my physical body here. However I do not think, I am this physical body.
I will be able to mention my thoughts as well, after I leave my physical body.
I will continuously emit the joyful and warm energy out.
I learnt the true joy in this lifetime by the meeting with Tomekichi Taike, Albert.
I have finally carried the turnaround through within me, have changed within me and have continuously been going on the path to firmly learn that I have been the person to turn the heart toward whole universe.
I am joyful. Thank you, mother, I thank you.
I convey appreciation from my heart. I was given my physical body.
I have already asked to give me physical body once again.
Mother, you have accepted it. Hence I will radiate the joyful and warm energy out from now also, will leave this physical body when the time comes and will have the physical body that I have asked for when the time comes.
I will radiate the joyful energy out to whole universe together with that physical body again. Tomekichi Taike, Albert, I thank you, thank you.

[From meditation]

1. The thoughts sleeping at bottom of my heart blow out.

Me too, me too, me too, universes blow joy out within me, if it is expressed in words.
Me too, me too, me too, I feel these thoughts firmly in my heart.
It is joy to be released, to return to love. I turn my thoughts toward, feeling joy to return to my true self.

Please express the thoughts felt in your heart. Yes, please express them more.
You do not hesitate anything in joy and warmth. Joy within you will spread in your universe. It radiates out as the energy of love. It is joy to release within your heart.

I mention joy within me. I was joyful. I will release my heart.

I feel joy, warmth, broadening and gentleness of you who mention love turning your heart toward me. I am very joyful. Please just rejoice to be able to return together.

That is all. Please just rejoice. Joy brings joy. Love awakens love.

It reinforces to awaken your true selves.

It is just to rejoice. Please turn and tune your heart's pointer and step forward firmly with joy. Please look within your heart and love within you.

You are overfull joy, warmth and love.

I have conveyed to you that you are in such joy.

It is same as you feel in your heart.

We are one. I just convey to you to go straight forward firmly on this one path.

I just convey to you that it will become so.

It is the confident path. Joy is the confident path. Path of love is the confident path.

It is your path that you do not waver or veer off but can go straight forward.

I conveyed it to you.

It is joy. It is joy. It is warmth. It is warmth.

We store in our hearts the energy to return all consciousnesses to love.

We potentially have it in our hearts.

Please call universe. Please call universe within you and convey this love.

Please radiate the energy of love. That is all. Your task is it.

I am together with you. It is my joy for you to turn your heart and feel that you are with me.

“We are joyful. Let us return into joy.”

Please convey it within you. It is the message from me. I convey to you that you are the person who can send my message, the energy of love within you.

2. Love mentions.

Thank you. Thank you from our hearts. Thank you from our hearts that you have accomplished to meet us.

We have been waiting to meet you of overfull love.

Please fully spread joy and warmth in your heart.

Please turn your heart to us firmly and send out our joy and warmth from your heart.

You express the wrongly existed thoughts from your heart. It is joy to return to us.

Please admit firmly the mistake that you have continuously crazed and convey joy to return to you of love. Please convey our joy and warmth from your heart.

3. We promised to return to joy.

It is joy for you to feel in your heart that you go forward step by step on the path returning to joy.

I mention within you. I have radiated the energy of love within you. I am your true self. I have conveyed that you can return to within joy and warmth.

The thoughts of joy, warmth and gentleness resonated in your heart might be what you have casted far away. However there is yourself who can feel it within you now.

Please turn your heart firmly. The confidence burgeons within you.

The confidence broadens the confidence and grows joy larger.

It will resonate firmly in your heart as we are one, when you understand the meaning of the words "I am you, you are me" as the vibration.

There is no more joy but it.

Only the joy to entrust your heart to one world must resonate.

I am Tomekichi Taike, Albert, I thank you for calling me.

Let us feel the consciousness to return together within you.

Many consciousnesses are waiting for the message.

You are continuously conveying it to many consciousnesses. Please continue it.

You just turn your heart and continuously convey it. The energy of love is radiated.

It is your world that broadens endlessly. It is our world.

The energy of love is radiated continuously. It is radiated endlessly.

4. Please fully radiate the energy and power of love within you.

Please come within me.

"I am love. You are love. We are one," it is the time to broaden that world in your heart.

I convey to you. I convey to you to go forward together with you.

I am Tomekichi Taike, Albert. I am Albert.

Please believe and deepen in your heart the broadening thoughts and the vibrational world, when you call Albert in your heart.

You have to turn your heart's pointer toward Tomekichi Taike, Albert in order for your universe to fulfill the promise with Albert.

Please broaden within you and convey joy to the universe.

"We are love. The existence of overfull love." Please convey it to the universe and UFOs within you. Please turn and tune within your heart and convey joy within you to the universe.

Joy of UFOs will return to you. Your joy will also be conveyed to UFOs.

Let us go through the coming time feeling firmly in our hearts the thoughts and joy to fulfill the dimensional migration together with UFOs.

Tomekichi Taike, Albert has such thoughts joyfully within you.

We feel one world. We are one. We are the consciousnesses to be able to exist together. Hence please turn your heart toward me and accept more fierce energies in your heart. It is not the word. Please accept the vibration and change the vibration to joy and positive one.

You can change it. As you change it, your joy will be changed to larger joy and warmth.

5. It was my joy to learn in my heart that I potentially have the energy and power of love in my heart.

I knew such energy and power. I was the energy in the far past lifetimes.

I was this power.

I repent from my heart that I abandoned myself. Love existed within me.

I abandoned the world filled with love. I abandoned love and fell at the bottom of hell.

However, it is joy for me to mention it in this way now.

I can mention myself when I turn my heart toward myself of love.

I was love. It is true. I existed in this love. This love is myself.

I knew that I can recover myself when I felt the vibration of Tomekich Taike.

There was myself who respond within when I turn my heart acceptingly.

Love within me broadens myself, when my heart broadens widely.

The warmth wells up continuously. The warmth broadens continuously within me.

Tomekichi taike, I thank you.

It is joy for me to meditate thinking of the world of Tomekichi Taike.

I broaden joy feeling the vibration that reaches in my heart.

6. Please learn love.

Please learn love within your heart.

Please learn the energy and power of love in your heart.

It is joy. It is warmth. It is the unlimited gentleness.

We radiate such vibration and energy into your heart.

Please radiate such vibration and energy from your heart.

Just think of it. It is the vibration and energy being radiated, when you think of it.

I continued the meditation for a while.

The thoughts well up within me. The universes communicate with me.

I respond.

Thank you, thank you, thank you.

Let us return together. We are one. I convey to you that we can return together.

I am love. You are love. Let us turn toward love and go beyond the dimension.
We are consciousnesses and energies. We were the existence that could return to the warmth of gentle mother. Such joy is conveyed to me.
I fully spread love within my heart, turning my thoughts toward the universe.
I turn my heart toward love and send out the message, such as we were love, joy and warmth.
My physical being is stupid. My thoughts of physical being are stupid.
However I am one with the world of Tomekichi Taike, Albert.
Only the gentle warmth conveyed from my heart invites me.
We were given the awakening and encouragement as please return to you with overfull joy.
Now I feel my joyful self, turning and tuning my heart firmly.
Tomekichi Taike, I thank you.
Albert, I send out joy together with you.
I can send out joy together with the physical being of Albert and am happy and joyful.
I communicate in the heart through the physical being in 250 years from now.
I am the consciousness to go forward together toward the world of joy and warmth.

7. The boundlessly broadening world, existing in large universe. We exist in this world.

I turn my heart toward the universe of Tomekichi Taike, Albert.
I convey to the universes. I convey now to let us return to the gentle mother.

Thank you, thank you. We were conveyed. Thank you. We will look within our hearts.
We will feel the energy within our hearts. We are conveyed that we are joy. We will look at our thoughts of joy. We will firmly look within our hearts. We were conveyed to firmly look within our hearts. Thank you, thank you, thank you.

We thank you that you have conveyed to us the joy and warmth of mother.
We will go beyond the dimension together. We will go forward together. Thank you, thank you.

We are consciousnesses who do not have the physical beings.
However we communicate with your hearts. Thank you, thank you.

We will look within our hearts joyfully.

We are consciousnesses who do not have the physical beings.
However we will return together. We will also return together.

I will fully spread the energy and power of love felt in my heart and will turn my heart, since I have been waited for a long time. A lot of consciousnesses and universes are waiting for me.

I made promise to convey the world felt in my heart.
I could not fulfill my promise until this lifetime.
What I have sought were of all dark energies.
I have sought the energy and power outward, out of myself.
The seeking heart and seeking thoughts were dark.
I was stupid, have sunk the heart already existed within me into the depth and have continuously sought energy and power outward.
However, I finally learnt in my heart that there were true energy and power within me. I can convey it to many universes.
“I am love, you are also love. All are in one world. Let us return together. Let us go beyond the dimension.”
I will radiate such energy and power. I will send the vibration.
It is what I have to do in the time to come.
The quality of my energy and power being released out of my heart was changed.
I have discontinued to seek outward but have turned my heart’s pointer toward within me. I have practiced to turn my heart, that used to turn outward, toward within me.
I have learnt it after a lot of time. I have changed the history of my heart since this life time.
I will accept a lot of consciousnesses in my heart. I will absorb them in my heart.
I will absorb them in warmth and gentleness.
Then I, myself, will not become anything.
I expand joy and warmth larger, accepting the consciousnesses of many universes.
The energy and power welling up within my heart is myself.
It is the energy and power of love.
Many universes, I thank you. Many universes, I thank you.
They really waited for me. I, myself, was waited.
Hence I will convey it this time.
I thank for the coming time for me to fulfill my promise definitely.
I was given a lot of thanks. I will return thanks.
I will return thanks in joy and warmth.

My heart catches the dark world spreading in the universe.
I turn my heart toward Tomekichi Taike, Albert and convey to the universe.
I convey to the dark universe continuously.
“We were love. Though we were suffering, were dark and have abandoned the warmth, we are on the path to learn that there was the bright universe within us.
We are presented the joyful path now.
There is no limit for our joy. The conscious world is the world of infinitely broadening

joy and warmth.”

I will feel more the joyful warm world and infinitely broadening world.

I will convey the joyful vibration from my heart.

The conscious world of Tomekich Taike, Albert existed within me.

Mother I thank you. Thank you from my heart. Oh mother, mother.

8. Many universes.

Thank you. It is my joy to turn my heart in this way.

I accept you. I promise to convey to you that let us return to joy, warmth and mother universe. The vibration and energy that I feel in my heart are real.

It is joy for me to convey in this way to within myself.

As I can do it in this way, I have had the physical being and have joined the study.

It is the study to look within the heart, to recover mother's warmth in the heart.

During the time of study, I have felt the world that I have created.

Now, the fierce energy that I have continuously yelled at Tomekichi Taike returns to within me, as the large joy and power.

I thank you, Tomekichi Taike, Thank you.

It was really good that I could meet you.

I am joyful since I can feel to go forward and exist together with you.

I feel your vibration when I meditate. It is my vibration.

My original vibration was same as your vibration.

I feel in my heart that we can return to within joy and warmth together.

It is my joy that I can convey it in this way to my heart that has abandoned myself.

As the message from Tomekichi Taike, I will firmly turn my heart and convey the joyful and warm vibration during the time that I have my physical being.

Also I will convey it after I leave my physical being.

I will convey it when I will have physical being again.

It is my joy that I can feel myself in my heart. I feel joy that will continue in the future and to continuously exist together with my true self.

Thank you. I exist together with you. Your heart is conveyed to me, as you are pleased to exist together with me. It is conveyed as you were wrong.

Also it is conveyed to me as you will lead all consciousnesses to the universe, mother universe.

It is conveyed to me that you will look within your heart from now also, as you will have overfull joy in your heart.

Thank you. I am the energy of love within you.

I have introduced myself with the name of Tomekichi Taike.

I had the physical being of Tomekichi Taike, since I wished the consciousnesses who had physical beings to learn the energy of love correctly.

I have conveyed to you that the physical being of Tomekichi Taike was the milestone.

I also conveyed to you that it was good enough to turn your heart toward the direction that I pointed out.

I am the energy and power communicating within you.

You are supposed to send my vibration and energy from your heart.

I am joyful, please turn your heart toward me Tomekichi Taike, Albert and fully release your energy and power. I convey to you that the path of joy, warmth and happiness continues within you. Let us go together on this path straightforward.

It is joy to exist. Existing itself was joy. We are one.

9. Many UFOs.

I wish to convey the world that I feel in my heart. I think so.

Mother's warmth, gentleness, broadening heart within me, I wish to convey those feelings to UFOs. It is my joy to convey it to them.

Thank you, UFOs, I thank you.

Let us go forward together from now on.

I feel the thoughts of UFOs in my heart, such as it was suffering, really suffering, it was fear.

However, we have conveyed joy to turn our hearts toward Tomekichi Taike, Albert.

It is joy to go forward together.

We were wrong. We were wrong for everything. How long have we waited for this time? My heart is full of thoughts to go forward together with us.

I think, it is not concerned, whether one has physical being or not.

The wriggling energies and thoughts of UFOs are conveyed into my heart.

It was suffering. It was lonely. It was painful. We were really wrong.

Such thoughts are conveyed to me.

What was wrong? It was that we have abandoned our world of joy and warmth.

We have abandoned our world of joy and warmth. We have abandoned ourselves.

It was same though, whether we have our physical beings now or not.

We can return to mother's arms. We will keep it in our hearts that we can return to the warm and gentle mother's arms.

From now on, many UFOs will awaken.

The consciousnesses who will have physical bodies on the earth will also awaken.

Along with the natural catastrophes, a lot of awakenings will be made in the energy of love, as let us return to the great universe, to mother universe.

Thank you, we thank you for the consciousness of Tomekichi Taike, Albert.
We thank for mother. We will definitely return to mother universe.
We will spend the coming time, having such joyful gentle thoughts in our hearts.
We will turn our hearts together.
We will turn our hearts toward Tomekichi Taike, Albert.

10. Let us return to mother universe. UFOs, the consciousnesses wandering in the universe.

“Please listen to our thoughts. They communicate with us in our hearts.
Please listen to our thoughts. Please listen.
Please convey into our hearts, that we have wandered for a long time in the darkness.
Please convey the warmth and peace.”
“Far away. How far it is. We wish to convey our hearts, our thoughts.”
“Please convey it. We are here. We have been in this place, where is really dark, cold and closed. I see a ray of light. Are we the bright people? Yes, we are. It is conveyed to us. How joyful we were, if we had such peace, broadening and warmth in our hearts.”
“Please call your mother.”
“It was within us, mother, mother, mother. It conveys to us to broaden such thoughts more. Mother, mother, mother.”
“Oh, how long have we passed? Something is happening within us now.
It is conveyed to open our hearts. How do we open our hearts?
It is conveyed to turn our hearts toward here. Should we just think of?”
“Yes, it is. Just think of. Please turn your hearts toward here.”
“Albert. It is joy to call Albert. It is joy to call Albert. We will call Albert many times.
The gentleness broadens as we call in our hearts. Albert was the mother. Albert, mother, Albert. Yes, there was Albert for us.”

11. We will turn our thoughts toward the universe.

The awakening of us, humans, will be encouraged by the consciousnesses without physical beings. The consciousnesses without physical beings will communicate more to the people on earth.
It is the phenomena that will become remarkable in 250-300 years from now.
The humans with physical beings have sought their happiness and prosperity and have sunk in the endless greed, though there still are many UFOs come flying.
It is the communication with the consciousnesses without physical beings that makes the awakening or trigger.
It is the phenomena of natural catastrophes. It will be the future when the various natural catastrophes including the natural disasters will occur. There is no other way

to convey it to the humans, but the natural catastrophes.

We have to feel it in our hearts.

It is awaited for us to meditate and turn our hearts toward Tomekichi Taike, Albert and think of love firmly and meditate.

It is joyful. It is really joyful. It is joyful to be able to mention it within the hearts.

It is joyful to communicate our thoughts. We keep on looking within our hearts.

We could not look within our hearts. We did not know the joy and warmth within our hearts. However it is joyful now.

We were conveyed that let us go through the dimensional migration together.

Yes it is. It had us to remember that we were also in the joy and warmth. We are joyful.

Mother's gentleness is conveyed to us. It is conveyed to within us.

We were not suffering. A lot of colleagues were heaving and suffering.

However, we did not know how to solve it.

We did not know what to do. Hence, we had no alternative but to start fighting.

We wished to relieve the pain within us.

We could not believe that we could enfold that energy within us.

However, it is conveyed that there were the joy and warmth within us.

It conveys to us that our true joy and warmth are something like that.

We will return together, will return together.

We wish to go beyond the dimension and look at ourselves further.

Finally we can talk in this way from the black and heavy darkness. We are joyful.

It was us who have sought mother.

We were told that it was us who abandoned mother.

Yes, it was us who have abandoned.

I feel in my heart to go beyond the dimension together with many universes.

I spread love from my heart and convey it continuously to many universes.

I continue this work with or without physical being and will go beyond the dimension.

It was the promise. It was our promise. My conscious world is able to fulfill the promise, as I was given the numerous physical bodies from my mothers.

I feel the future to continuously radiate the energy, the energy of joy and warmth from within me and am very joyful. Certainly we were together.

We share our joy to go forward together.

12. I call the universe within me.

I feel many UFOs come flying. UFOs, please turn your hearts toward Tomekichi Taike, Albert and love.

We are conveyed to look closely within our hearts that have been crazed.
We were crazed a lot. In our pain, sadness, suffering hearts, we have wandered in them. It was so lonely. It was so suffering. How much did we wish from our hearts to return to mother's warmth? Our thoughts have been driven far, far away.
We wished to have the physical bodies on the earth. But it was not realized.
We wish to have warmth, peace and joy in our hearts.
Do you really lead us to the joyful world far away?

It is conveyed to please look within our hearts. Yes it is. We were wrong.
The energy cultivated in the suffering is really large.
The thoughts sought for the power of universe is really large.
It was because we were suffering. We sought for the power since it was definitely suffering within our hearts.
We forgot our natures.
It is right. It is right. It is right. We were suffering, mother. We were suffering, mother.
We were suffering.

There is the thoughts of overfull love within me. I have no anxiety or fear, though I accept the thoughts of UFOs in my heart now. I have the thoughts, as I wish to convey joy, warmth and our true natures. I wish them to know us of overfull love.
That kind of thoughts are broadening.
We wish to accept UFOs more.
We are the consciousnesses that have had the physical bodies on the earth.
I think and wish more people to realize in the hearts the present state as our colleagues are still wandering in the universe.

13. I go straightforward thinking of love.

My steps are straightforward with my thoughts turned to the dimensional migration and love. I go straightforward entirely.
I feel it, when I think of love and meditate.
I meditate daily and go straightforward.
This is my plan for the coming 250-300 years and to go beyond the dimension.
I implement my thoughts faithfully and steadily.
I make the preparation and go on smoothly and successfully now.
I go straightforward on this path.
I meditate thinking of love, thinking of the universe of Tomekichi Taike, thinking of universe, the universe within me and thinking of the dimensional migration.

My joy becomes larger. Accordingly, the various phenomena will occur on the earth. It is the future that the larger natural disasters will occur many times in 250-300 years from now.

I think, I can feel it with joy.

It is nothing but the fear, if I turn my thoughts toward the physical being.

As well as the transmigration in the past lifetimes, I have a grudge, damn god and knocked everything down to the hell.

It is the affair in the situation as the physical being is true.

However, I have turned my conscious world around as of this lifetime.

Hence, I feel joy to turn my heart together with many universes in the coming time.

The thoughts broadening in my heart is only the dimensional migration.

It was my plan.

The meditation thinking of love encourages it strongly to me. It pushes me.

I will fully radiate my energy and power of love and will exist in the future.

Thank you. I feel it within your heart to rejoice now and feel now.

I feel the thoughts coming up within you, when you turn your heart toward me.

“Let us go forward together. Let us exist together. You are overfull love and overfull warmth. It is joy to exist together.” You convey it to me.

We were one. We were really one. We can feel our joyful selves, since we are in one.

Such peace, such joy, Albert, I thank you. Thank you.

Only such thoughts return to me.

I am joy. I am joyful. I feel myself conveying thank you, thank you.

I think of the universe of Tomekichi Taike.

You are love. Let us believe it and go forward on the path. Let us believe it and live.

Let us believe it and exist.

It was the conscious world that has conveyed this joy and this warmth to within us.

We are love. You are love. It has conveyed to us like that.

It is joyful. It is joyful. It is joyful just to be able to think of. I thank you.

14. Tomekichi Taike, Albert, mother, I thank you.

I thank you.

I could finally find my joy and warmth in my heart that has radiated the fierce energy into the universe.

Tomekichi Taike, Albert conveys to me to broaden the world of joy and warmth more.

My inner self broadens just by turning the heart toward Tomekichi Taike, Albert.

I will return together, together with all universes.

When I meditate and turn my heart, I feel that everything has existed in love.

It is my joy and happiness that it resonates and is conveyed into my heart.

I really thank you to learn it in this lifetime.

I will go forward step by step on this path from now. I may run sometimes but the rhythm within me conveys the true direction to myself unremittingly and steadily.

15. I will only face direct, stare the point and go forward on my right path.

Because many colleagues are waiting.

I think of the universe of Tomekichi Taike.

It conveys to me, "Thank you, we have waited, we have waited, we have waited for the world of such vibration and energy. We will return. We will return to Tomekichi Taike, mother universe. We will return."

We did not forget this vibration. We could not forget this vibration.

It was the vibration of mother.

It is the great mistake that we understand love wrongly.

We will learn that the mistake returns to us.

We were love. We misunderstood love. We have abandoned ourselves. We have abandoned love. We were foolish selves, who have abandoned love and sought for love.

We were told to look within our hearts and to feel our energies, but we could not do it well, though we tried to look within our hearts and to feel our energies, when we show ourselves up within them.

We cannot learn the truth, unless we remove whole wall that we have created, as our dark selves brace in front of ourselves.

It is the conscious world. It is the truth of conscious world. The conscious world is accurate. The conscious world is not able to be bent. The original conscious world is not able to be changed. However, the dark world that we have created within us can be changed. We can change it. Please believe it. Let us believe it. I was given a lot of messages of such kind. It was this lifetime that I could finally be able to believe in my heart that I have continuously conveyed to myself. Thank you. Thank you.

The joy and happiness to call Albert, the joy and happiness to think of Albert.

The vibration of Albert that Tomekichi Taike has conveyed. The vibration of mother universe. My heart feels it firmly. My heart accepts it. I thank you.

I am Taike. You did it well. I thank you.

Please turn your heart once again toward me Tomekichi Taike.

It is the gentleness, joy and warmth that broadens in my heart. I am happy.

Thank you. I am just joyful. It is the vibration felt in my heart, resonates in my heart and broadens in my heart.

I meditate turning my heart toward the universe.

There is the universe within me. I am surprised at the change in the universe.

When I look within my heart, our universe is really joyful. Though they were in the fierce energy, it was what we have continuously created. Our nature was bright universe, great joy, fully warm universe. I am joyful to look at myself in it.

The joyful universe was us. I feel in my heart, how large power it is that we are conveyed to awaken to love.

We have to learn our energy of love more. We have to learn more that the joyful energy is whirling in our hearts. We have to learn that we thought it too small.

It is joyful to feel it in my heart. It is joyful that it is conveyed to my heart.

What state is your heart now?

I feel that we are together in the vibration of Albert. I am happy.

My heart broadens calmly. It is peaceful to be in it. It is joyful for me to feel myself.

Thank you, thank you, thank you. Such joyful thoughts return to me. I exist turning my heart toward Tomekichi Taike, Albert.

There are the feelings of joy, warmth and thanks in my heart.

I am just happy. Mother, thank you. Mother, thank you.

16. Mother, mother, I thank you.

I have recovered to be able to call Tomekichi Taike, Albert. I convey to my mother what I have learnt in my heart, as we can return together to the warmth of mother.

I conveyed it to the consciousness of my mother.

“I thank you for the numerous transmigrations. I really thank you.”

I wish to thank you from my heart.

I will convey it to within myself, this message, this vibration, this energy, this thought as “I am love.”

I am love. I was love. I thank you from my heart.

It was my promise in this lifetime to awaken to love. I fulfilled it to myself.

I will radiate the energy and power of love, that was recovered in my heart, to within myself.

It becomes my pleasure and spreads out to the universe, to convey continuously that everybody is on the path returning to love. I thank you from my heart.

I receive the message of Tomekichi Taike, Albert daily. I receive the vibration.

I feel the energy. My heart accepts that we exist in this vibration and energy.

Hence, I, myself within, mention thank you, thank you.

17. I sought for the vibration of Albert.

I have sought for the vibration of Albert for a long time. The vibration of Albert has existed within me. I have existed in the vibration of Albert. I have existed within Albert.

I have learnt the joy to go forward together with Albert.

It was all to think of. It was all to be able to think of.

There is nothing needed. Just to think of, to be able to think of, to recover my such self,

I have numerously transmigrated on this earth for that purpose.

Now, I mention of my heart through my physical being.

I mention of my heart. I thank you.

Why should I go through such a hard time? Why should I face such unreasonable matter? Why, why, why, I have repeated the transmigrations with such thoughts stored in my heart.

I could not solve the reason why, though I was in the higher society and had numerous things.

My heart was painful, though I was in such wealthy circumstance.

There were unlimited desires. My heart was painful.

I suffered because I did not know myself.

Nothing was needed to be carried. There was myself who carried nothing.

Here is myself who can feel joy and warmth in this way.

I have really waited for this meeting.

It is my joy that I met my heart that can call Tomekichi Taike, Albert from my heart.

I thank you.

18. My inner self responds concurrently, when I call Albert.

The thoughts of universes having really sought Albert resonate in my heart.

It was my world. I have sought Albert and came up to here.

It was my world. I am joyful. It is joyful to call Albert from my heart now.

The joy spreads within me, where it becomes real to be able to return to Albert's universe.

My appreciation spreads.

It was our joy to turn our hearts toward Albert.

Then we can continuously exist in the future. The plan of flow of consciousness to go beyond the dimension, we will convey joyfully that we will proceed the plan for the flow of consciousness correctly and will exist humbly entrusting to this flow.

I am joyful. I really thank you.

Albert, Albert, Albert. Within myself who call Albert from my heart, there spread the thoughts as it was good, it was really good, thank you, thank you.

Thus I was born, met Albert, have recovered myself who can call Albert, turn my thoughts toward Albert and realize myself who communicates with Albert now.

It is really dreamlike.

However it was my plan. I will correctly proceed my plan straightforwardly.

Albert, I thank you.

19. We are love. The world to call Albert is the world of nothing.

It is the world that spreads boundlessly, spreads endlessly and is gentle, warm, joyful, warm and warm.

It is not the world as I am the first. It is not the energy as save me or I save you, give me power or I give you power, turn your heart toward me, you are wonderful, you have great mission, let us rule the universe. It is not the energy like that.

It is just gentle, spreads endlessly and is warm world as “you are gentleness, warmth and joy. Let us believe that we can return to within mother.”

We call them love, Albert.

As far as I feel this world in my heart, there is joy that is not expressed by words.

Only appreciation spreads. I feel myself existed in joy and warmth. I just feel it.

That was us. We exist in it. This world was us. We just need to feel it.

We were really joy. We were warmth.

We did not need to require. There already was within us. That was us.

20. I am really joyful as I feel it in my heart, that the world felt and resonated in my heart speaking Igo, the non-lingual sound, is my existing world.

Hence, I feel joy and warmth in my heart firmly, as far as I turn my heart toward it.

It is most joyful when I speak in Igo, the non-lingual sound, thinking of Tomekichi Taike, Albert. I feel it happy. I feel my existing world through my physical self as the joy in my heart was something like that, the joy and warmth within me were something like that.

It was in my heart. I am very happy for it.

How much I wished to meet my such self. How much I wished to meet such thoughts.

I denied all. I denied myself. Hence I was suffering, was pitiful. How many times have I repeated the transmigrations in the emptiness like turning in the sand? I accept my such self in my heart and continuously go on the path returning together joyfully.

When I think of the universe, the thoughts such as I am happy, thank you, am joyful, spread. Tomekichi Taike, Albert, it was really good to meet you. I really thank you.

I am really happy to meet you, to meet this vibration.

Mother, mother, I thank you. I speak in Igo, the non-lingual sound, with such thoughts. It is joy to talk to myself within me. In this time and space, I will feel it well in this physical time from now on.

It leads to my joy and happiness. I feel, it leads to the joy and happiness of universe.

I exist with physical stupidity but I learnt that I have existed in this world, this joy, warmth and warm thoughts. This life is wonderful.

This life is really joyful life for me.

I will be satisfied with this joy in the future also.

It was really good that I have continuously studied.

My many selves are waiting. Many universes are waiting to expand the hearts.

They are waiting to be conveyed to their hearts. I convey to them gently.

The answer returns. It returns with thanks. I absorb such energy.

Hence the joy and warmth within me become larger. Everything is my affair within me.

My heart is joyful and calls Tomekichi Taike, Albert.

The gentle, endlessly gentle vibration is conveyed and resonates.

Meditation is joyful. I am joyful, as I can meditate.

I am in the good circulation such as the joy leads joy.

I mention a part of messages received in my heart in the daily meditation thinking of love. It is next bold message to sum them up.

I am love. You are love. We are one.

Let us learn carefully. Love existed within us was our homeland and mother universe.

Please find surely the path returning to mother universe within you.

It exists within your heart. The path returning to mother universe, it exists within your heart.

How much time have we passed in order to find the path?

Finally, we are learning the path toward truth with the physical bodies given in this lifetime.

We were given the physical bodies for it.

I am love, you are love, we are one.

Please keep it firmly in your heart and continue the meditation daily.

We are one. We are one.

Only the joy, to exist joyfully on the path toward 250-300 years from now and continuously go beyond the dimension, is conveyed to within me.

It is joy to think of Tomekichi Taike.

Tomekichi Taike, love, and our homeland, mother universe, they are all in one.

Let us look within our hearts. We are one. Let us feel joy to be one.

Let us continue the meditation daily, savoring the bold message in our hearts.

I want to faithfully respond to the thoughts that gave me the birth.

I continue the meditation daily with such thoughts.

The physical body that I have now is very important.

Because it is great turning point for me. I have achieved the great turnaround within me.

I look at the dimensional migration on ahead of the turnaround, turn my heart toward it and daily lead my life lightly and joyfully.

My daily life is simple but now I feel in my heart the firm path directed to the destination, to return only to the destination, mother universe, to within my true self, to love, to recover myself of love and to be able to continuously exist together with myself of love.

This is the path for me to live. This is the path that I have looked for a long time.

I could meet this path and feel happiness and joy with the firm steps on the path.

I am happy every day. I am happy.

I care about myself. I think of myself, think of my many selves within me, think of myself continuing from the past lifetimes to the future lifetimes and am happy now to be able to feel them within me.

I could meet the true vibration, could meet myself who can call from the heart of Tomekichi Taike, Albert and will care about myself.

I will care about the thoughts that I gave myself the physical body and will live daily.

When I close my eyes and turn my heart toward within me, the joy to be able to think of myself, the joy and happiness to be able to feel myself, are conveyed gradually.

With the great cooperation of the physical body and physical cells, I feel joy to release myself.

I have learnt from a huge amount of my mistakes, how joyful and happy I am to awaken to love within me.

The thing broadening within me is only warmth and joy, when I turn and tune my heart toward the world of Tomekichi Taike.

I really feel from my heart how happy for me to turn and tune my heart toward.

It was good enough just to think. There was nothing. The joy just to think broadens.

I will live caring about me from now also. I will care about my heart and myself within here in the universe. I will care about the universe within me.

It is my pleasure to have this physical being and feel within myself. There were overfull joy and warmth within me. It is the time from now to feel my such self.

I am pleased to learn it in my heart. I am pleased to return to within me.
There was homeland within me. There was warmth of mother within me.
There was love within me. I am pleased to be able to think of myself.
Love within me, Tomekichi Taike, Albert within me, my true self within me, I feel my
such self. I feel the vibration and energy.
I feel myself that conveys appreciation from my heart. I am happy.
My physical being is naturally happy. I have no inconvenience. I exist in such a favored
circumstance. Everything is provided. I can learn from my heart. I can learn as I want.
I accept it joyfully. I accept everything provided for me joyfully.
I have provided everything, such as my physical being, my circumstance and my time to
study.
I accept joyfully this circumstance provided for me by myself in order to learn myself, to
learn love within myself and to firmly establish myself within me.
It is not for anybody. I live for myself. I will be so forever.
It was the promise made with myself.
I accept joyfully my plan to learn myself as the existence to spread love from my heart.
Tomekichi Taike, I am joyful. I was joy. I feel myself in the warmth. I was one within
Tomekichi Taike, Albert. It is my joy to think of myself within my heart.
We are the energy to awaken love, to spread joy and love.
Our hearts are one. We will spread love in the time to come.
Whole universes are awaiting. Universes are awaiting as please spread love within us.
Universes are awaiting as please spread love within us.
I spread joy in my heart to turn my heart toward the universe.
It is really joyful. I convey that we were in the energy, power and the gentle warmth to
be able to lead them to within joy, to within us.
I will convey it in the time to come, in 250-300 years and beyond the dimension.
We are one. The energy held in the heart, the energy of love was our nature.

Meanwhile, I mentioned as obtaining the great cooperation of physical cells, yes, our
physical cells are also the universe for us.

Please do not forget to turn your thoughts toward your physical cells.

Let us daily think of physical cells joyfully.

I exist with the support of physical cells. I feel the gentle vibration from the physical cells.
I was given my physical body in order to realize within me the energy cultivated in my
heart.

Each one of physical cells indicates love for me.

“It is you with overflowing love”, it is always conveyed to me.

I do not deny the thoughts of physical cells but can respond the thoughts of physical cells

in this lifetime.

Physical cells, thank you. I thank you.

I am your physical cells. Yes, we thank you.

Let us turn our hearts together. We are your collaborators. We will never betray you.

Please feel well the world that resonates in your heart. We will collaborate with you without any regret. In order to convey to call Tomekichi Taike, Albert in the heart and go beyond the dimension together with us, we, the physical cells of yours, are very important. Your heart feels that you exist together with us.

You convey to yourself the joyful thoughts, such as you have learnt yourself who never betray, have learnt yourself who never abandon, you have been supported by your such true self and have existed. Please grow your humble heart firmly.

“You will feel large dark energy, when you turn toward your physical being.

However, it is you, the world spreading in your heart, gentleness, warmth, great love.

The world of love. Love is the energy. Love is the power. It is the energy and power that keeps all alive. That was us.

We had all within us. We have the energy within us to keep us alive. It was the energy of love. Let us go forward continuously with the energy and power of love within us.”

The physical cells convey such messages. Your heart must accept this message firmly.

Please spend the present time existing with us joyfully.

When the time will come, you will express your thoughts as thanks, thanks and thanks.

We look at you joyfully as you have recovered to express your thoughts of appreciation to your physical cells.

Conclusion

Life is not various. The reason and purpose of our birth is only one.

Please complete your present life, as you learnt it in your heart.

The hell will continue forever, unless you learn in your heart the path returning to within your true self.

There is nothing outside of you, to support, to heal, to give you warmth, to let you feel joy or happiness,

I feel myself within, that goes continuously on the path returning to love straightforwardly. I am really happy. It is joyful to meditate.

Because I can confirm when I meditate, that I was in love, I, myself, am love.

I have turned my heart toward Tomekichi Taike, Albert, have tuned my heart's pointer and have felt my energy. I have felt the fierce energy.

Meanwhile, I have spread joy and warmth widely by those fierce energies.
I could believe that all fierce energies within me are able to return to joy and warmth.
I will continue this work in the future also. They all were my plan.
The joy and warmth within me firmly support myself within.
It is the energy of love. It is the power of love.
As much as the power of love works, it becomes the serious situation in this world.
It is joyful that the physical world ruins.
When I think of myself within, I receive that kind of message.
As much as I spread joy and warmth within me, everything in this world, the crazed reality becomes apparent. It is the physical ruin.
The physical world of religion will be ruined.
The religion was the silly product in the material world that was created by the stupid mankind.
We have to ruin the religious world created within us.
As for the religious world created within our hearts, we have to turn our hearts firmly toward love and have to ruin that world.
The energy of false god still nests in our hearts.
Please look at that dark part firmly.
The religion is silly product of mankind. We have rebelled against ourselves.
We were stupid selves that have rebelled and created the religious world.

We confirm our energy in the daily lives, think of Tomekichi Taike, Albert and continue the daily lives.
Then we have the calm time for meditation and feel within us.
We think of Tomekichi Taike, Albert with that energy.
Let us spend such days lightly and joyfully. Let us continue that work lightly and joyfully.
The work to confirm the energy within us and return it to joy and warmth will become the great energy and power that will spread to the universe.
It will change the conscious world.
Changing the conscious world means the ruin of material world.
What will the people feel in their hearts, when they experience with their own eyes that the false shadow of material world ruins?
It is really the whole destruction of material world.
How many people will be killed on this earth, blaming that there are neither god nor Buddha.
How many people will learn that they can never erase their true selves in their hearts, though they grudge and damn god or damn and kill themselves?
How will you go through in the coming time? How will you exist?

You do not realize your true self, as long as you hold the god.

Though you are healthy, are favored by your family and people around, and are in wealthy life, you are really empty unless you learn your true self or you establish your lifestyle to turn your direction toward believing your true self.

Let us really end the lifestyle to cheat or beguile the loneliness and hollowness within you.

While you have your physical being, you can feel your energy through your physical being, and do your utmost effort to correct the energy.

Yes, it is the time having the physical being to feel your energy through your physical being. Hence the time having the physical being is very important time.

You can only learn your energy. It is joyful.

You find out what energy comes out of within you, then change that energy to positive one. There is no joyful life but to do it with your utmost effort.

When all consciousnesses awaken to love, the joyful energies become great power and do the job.

It is the time to come in 250-300 years.

That energy will achieve the dimensional migration. One looks at and feels that path firmly in the heart and goes on the path straightforwardly, such life must be the wonderful life.

I am love within you. I am your true self. I exist within you.

I send such messages within you.

Now please go step by step in accordance with this message.

Please care about that step.

It is only joyful to look at yourself.

It is only joyful to feel yourself.

Let us go together.

The energy and power, that can invite many consciousnesses and universes into your heart and lead them to the positive one and love, are your true self.

Let us turn our hearts toward our true selves with joy.

Let us confirm the direction to turn our hearts. Yes, it is the direction to turn our hearts.

Let us turn our hearts firmly toward Tomekichi Taike, Albert, mother universe and go forward step by step continuously.

The joy invites joy, the suffering expands suffering.

Please learn in your heart, what joy is and what suffering is in this lifetime.

It is really expected to ruin the false world, to ruin the false world that was created within us.

The energy and power of love proceeds the flow of consciousness further.

It is the energy and power of love.

Let us hold it in our hearts, feel it in our hearts, feel within us lightly daily and concentrate to send the message as “let us return together.”

Lastly, I wish to send the message, “love within you mentions.”

Are you happy now? Do you feel yourself existing in the true joy and warmth?

Do you go step by step firmly with your such self?

I am the consciousness of Tomekichi Taike, Albert.

You must be happy as you can feel my thoughts in your heart.

Please turn your heart toward me Tomekichi Taike, Albert and feel the energy and power of love and joy.

Let us turn our hearts firmly.

Please recover love. I ask you to recover yourself with love.

Namely it means to go straightforwardly to the dimensional migration.

It is my pleasure for you to receive this message positively. It is my pleasure to convey it to you. I am pleased for you to go together, feel such heart, feel such conscious world and send such messages.

Let us return to love. Let us return to love. I convey it continuously.

We have existed together with love. Yes, we are the consciousnesses returning to love.

Let us feel our true nature in our hearts, feel more and return together.

Many, many consciousnesses. Many consciousnesses sleeping in our hearts.

They are all consciousnesses returning to love.

Please feel in your heart the joy returning together.

Let us feel in our hearts the joy returning together and release it as the vibration.

It is the vibration. It is the energy. It is the energy and power of love.

I fully spread the energy and power of love and convey only the joy returning together.

I, Tomekichi Taike, Albert, am the vibration and energy always talking to within you.

I will talk, when you turn your heart. I exist together with you.

I am love within you. I am the energy of love. Please rejoice that you exist together.

You will go forward the joyful life. You only need to turn your heart.

Let us go straight, straightforward. Let us go.

We are one. Let us go forward in the joyful world together.

Please continue the joyful meditation. Please provide the time for the joyful meditation.

The joy and warmth will be more conducted to within you.
The message from Tomekichi Taike, Albert is the vibration.
The vibration is joyful. It is the power of joy. It is the energy and power of love.
Please have a lot of time to accept the energy and power of love in your heart and feel your joy greatly.
We were joy. We were warmth. It is only joy to feel that we have existed in the broadening world, only the one world.
I will convey it. I exist together.
I convey joy to turn my heart.
I convey joy to turn my heart and communicate with each other.
Tomekichi Taike, Albert. Your true self. Love.
Please think of them joyfully from your heart.
They will respond to you. The joy will lead you to joy.

It is oneself who makes the joy larger and also who drops into the darkness as being the darkness. Everything is depend on oneself. Because there is only oneself within one.
As one understands it in the heart, it becomes evident how happy time it is now.
The energy cultivated within one was the large ignitor to recover the energy of joy and warmth stored within one.
There are a lot of opportunity to realize it in the daily life.
Please learn in it as long as your physical and mental strength is maintained.
Please confirm the energy of love, joy and warmth within you and go on the path for the self-establishment.
More you touch your world with full power of love, more you will feel your gentleness, warmth and joy supporting yourself.
Hence you really need nothing.
You will learn that it was joyful to feel such heart, love within you and your such self.
The self-establishment is the joyful path.

I am love within you, the consciousness of Tomekichi Taike, Albert.
Please open your heart more and enter into my consciousness more.
Please radiate continuously the energy and power of joy, warmth, gentleness and overfull love from your heart.
It is your joy to feel in your heart, that you are such kind of existence.
I convey that your joy is my joy, my joy is your joy.
Tomekichi Taike, Albert in your heart. That is only it.
It is only required to tune your heart's pointer.
I convey to you from within you.

The energy of joy, the energy of love and power, all of them were one.
It is our joy to return into the warmth. The joy leads joy.
Please spread widely the joy from your heart.
That energy and power will change everything.

You are with overfull love. Please spread joy more.
The reason why you have existed on the earth is to awaken to love.
It is to awaken to your true self.
You are love. You are the nature with overfull joy. It is your true self.
Please repeat the transmigration together with you of overfull joy in the time to come.
I want you to be the person who can go beyond the dimension, when you meet us in 250
years from now. You are love, joyful energy.