Mother and Reflections on Mother

Do you understand what kind of entity "mother" is? Do you understand the importance of commencing this study with reflections and meditation about "mother?" "Mother" is the core of this study. It is the launching point to understanding your true existence. It is the first step that must be taken in order to comprehend an iota of the truth.

It is only through this corporeal world, through the human experience of having a mother, that you can access the truth about your existence and warmth. I want you to think seriously about your mother, and why you have a mother.

Mother's warmth is the essential energy that we are. It is the energy of existence and is our essential nature. Please everyone, I want you to return to this essential nature. Can you feel this warmth that permeates everything?

Right now you may not remember, but I want to tell you what mother's warmth is: it is undying love, warmth, and positive energy. It is always embracing and forgiving you, and always willing to do anything for you. It is the warmth which sacrifices anything to make you comfortable. It would do anything to protect you, and that is the warmth we truly are. This is the warmth within your heart. This warmth is always surrounding your heart and is the warmth that is your heart. Finding your warmth within - this true energy - will save your darkness, your suffering and sadness, and will enable you to return to your true heart of warmth.

We have these physical bodies on this

earth, so that we may have the experience of being in a womb and being born unto a mother. For those 40 weeks we can experience this, and our consciousness may recall this consciousness of mother. This is the easiest way to come to know the truth. Understanding the vibrations and energy of this existence can only be begun by mother's reflection. Once you cross the entry point through understanding mother's warmth and can connect with it in your heart, then it will be quick for you to understand your real truth and your real existence.

I don't mean to say that your physical mother is perfect in every way, or that she didn't do unkind things to you, but the essence of her heart is one of warm embrace. It has always been reaching out to you. Can you understand how a mother feels about her children? You would know that there is such love and warmth that embraces you. You need to look beyond the physical ways she treated you and look past the hurtful things she might have said to you. If you look within the deepest part of your heart, you know your mother is always accepting you. In this physical life, she may not know how to show it, but her heart is a warm embrace.

In addition, through this present mother you can access the loving embrace of the tens of thousands of mothers that you have had. True warmth is resonated through your current mother. She may have beat you, been harsh with you, may have said 'no' one too many times, but underneath has always been a heart caring and embracing you, accepting you for everything. No matter what her physical presence says, her heart is always caring for you. Can you feel the energy of love surrounding you? Can you look past all the misdeeds and feel that mother's consciousness is always surrounding you? This is what you learn from mother and from the many mothers you have had. Mother's warmth stretches its arms out surrounding and embracing you.

If you cannot recall your mother's warmth, this study will be meaningless to you. If you do not feel mother's warmth, it will be impossible to understand the consciousness of Tomekichi Taike. Also, it will be impossible for you to understand the journey of consciousness.

Finding the warmth: Reflection

Firstly and lastly, I ask you to reflect on your mother. Mother is the key. Reflection on "mother" is the easiest and quickest way for you to understand the truth. The act of reflecting is just as it sounds. It is an exercise of thinking deeply on some issue or questions. As a beginner to this study, it is good to keep a journal of some sort addressing questions of mother. The physical act of writing, in a stream of consciousness fashion, will help one focus and explore the topic of mother. It is helpful to write answers off the top of your head rather than analyzing the questions and formulating a coherent and beautiful answer. I also admit that writing about your mother a few times will not lead you to the answers right away. But like physical exercise, if you make it a habit and do a little everyday, you will see results. Reflection is the same. If you do a little reflection everyday, day after day, I know you will come to find the answers you have been seeking for. The truth will appear to you.